



St. Michael the Archangel
Our Angel of Protection

St. Michael's School - BI

June 2023

"A Community of Faith Devoted to Students"

Congratulations

Congratulations to Mrs. Schwab and her family on the safe arrival of their baby girl, Mia Rose Schwab on May 19. We can't wait to meet her.

*Welcome
Baby Girl*

SVR studio

Thank You

We would like to send out a huge thank you to our School Council, their Auction Committee and Hot Lunch Committee. We are so grateful for all of the opportunities and care you have provided us throughout the year. Thank you for the free hot lunches every month, providing funds to support our Options Programs, swimming lessons and all of our field trips. We are thankful for your continued support of our Music and Art Programs. We cannot express our gratitude enough. THANK YOU!

Mark Your Calendars

- June 1 - Elementary Track & Field**
- June 1 - Track & Field BBQ**
- June 4 - First Communion - St. Michael's Church**
- June 5 & 6 - Gr. 5/6 Elkwater Campout**
- June 6 - Grad Pancake Brunch**
- June 9 - Graduation Ceremonies**
- June 14 - Calgary Zoo Trip**
- June 15 - Pita Pit Day**
- June 16 - Last day of regular classes for Jr/Sr.**
- June 19 - Family BBQ**
- June 27 - Last Day for Students**
- June 28 - Last Day for Staff**

More information included in this newsletter



Elementary Track & Field

The Elementary Track & Field Day is set for June 1st starting at 1:00 p.m. Everyone is invited to cheer on our young athletes. Thank you to Mrs. Krauss and Mrs. Schlachter for once again organizing this event. We look forward to seeing you there.



Barbecue

School Council will be providing all students and staff with a free BBQ lunch before the Elementary Track meet on June 1. If parents so wish they will be able to purchase a burger or hot dog for that day as well. Students have received an order form that was to be returned by May 25. If you missed the deadline, please contact the school.

First Communion

We invite you to join us for mass at St. Michael's Church on Sunday, June 4th as we witness Catherine Remijn and Brooyklynn Weatherhead received their First Holy Communion. After mass you are further invited to the Golden Age Centre for a breakfast hosted by the Knights of Columbus. Congratulations Cate and Brooklyn!



Pancake Brunch

You are invited to the St. Michael's graduates Community Pancake Brunch on Tuesday, June 6th at 11:35. RSVP by May 31 to johnsond@holyspirit.ab.ca. The grads would like to thank their community for all their support over the years. Thank you to the Knights of Columbus who are cooking the brunch.



Field Trip

We are excited to take the entire school on a field trip to the Calgary Zoo on June 14th. Kindergarten to Grade 12 students along with all staff will board two motor coaches at 6:00 a.m. for the trip. Students are asked to bring a bag lunch and to dress appropriately for the weather. We would like everyone to wear their "Property of St Michael's School" t-shirts. Sunscreen and a large water bottle are also needed. We will be stopping in Brooks for pizza on our way home and will be back to the school at approximately 6:00 p.m. A huge thank you to our School Council who are making this trip possible.



Exam Schedule

Exams for Jr./Sr. students begin the week of June 19th. A letter from Mr. DeJong outlining the guidelines is attached along with an exam schedule.

Elkwater

The Grade 5/6 class are going to Camp McCoy in Elkwater on June 5 and 6. They will be study the basics of what an ecosystem is and what a healthy one looks like. Students will also learn the role that people play within an ecosystem and how to keep it healthy. In the evening they will have an opportunity to demonstrate their learning through skits and/or story telling around the campfire. Thank you Ms. Matulin for organizing this very worthwhile experience for your class.



Graduation



Congratulation to Leigha Hansen and Austin Mastel who will be graduating from St. Michael's School. Graduation ceremonies will be held on Friday, June 9 beginning at 7:00 p.m. Everyone is invited to attend.

School Council - Burgers & Budget

It's that time of year again—Budget Time! Thank you to our fundraising committee for putting us in a position to continue to help our school succeed. Our School Council budget will be discussed at our next School Council meeting on June 19. **Join us for a family BBQ at 5:00 p.m. on June 19 and the budge meeting to follow.** Kids will be entertained and taken care of during the meeting.

In order to help us prepare a budget we need your input. Please reply to these question in this survey by June 6. Please only submit the survey once per person. <https://docs.google.com/forms/d/e/1FAIpQLSdZ4dxVP2v12TomlhvhQmypp4zwBIw6n9S-0PKBM6ph3WwNiw/viewform?usp=sharing>

The executive of School Council values and looks forward to your feedback. Please respond and have a say in how our fundraised money is spent.

Kindergarten Graduation

Kindergarten graduation, celebrating the end of their school year, will be held on June 21 at 2:00 p.m. in the school gym. Everyone is welcome



Swimming

Thank you again to School Council for providing the funds for our students to participate in swimming lesson during the school day. A schedule is attached.

Grad Walk

Once again, as has become tradition at St. Michael's a Grad Walk will take place on June 27 at 12:15 just prior to our Year End Awards ceremony. The Grad Walk is a special tradition for both the Grade 12 students as well our Kindergarten Class. Come out to cheer these graduates on.

Year End Awards

Year End Awards Day will be held on June 27 starting at 12:30. This is an opportunity for us to recognize the achievements of many of our students. We look forward to seeing you there.



Growing Great Kids

Several students were recognized for their acts of kindness at the last birthday assembly. Congratulations to Jayden Pahl who won the \$20 Medicine Hat Mall gift card donated by the Conquerville Community Hall. Jayden was recognized for helping Mrs. Mastel in the library. Great Job Jayden!

Concession

Please be aware that as the school year comes to a close the concession may not always be stocked with all items. Grilled cheese will continue to be offered until the end of June. Milk will not be available after June 21.

2023/24 Registration

If you have not done so, please remember to complete your 2023/24 School Registration as soon as possible. Completing this form allows us to better plan for the upcoming school year. If you are having difficulty please contact Mrs. Johnson at the school.

Hot Lunch

The final Peter's Pizza day is set for Thursday, June 8. Thank you to everyone who supported our graduates this year in their fundraising efforts. Thank you also to Peter's restaurant, Nick and Angela for supporting this cause.

The last Pita Pit day for this school year will be held on Thursday, June 15. Orders due no later than June 7. Winners of the free item are Nixon Van Ham, Griffin van der Helm, Emily Nelson and Calum MacLean. Please note that the concession will only be open for milk and snacks that day.

Growing Smiles

We would like to everyone who supported our Growing Smiles fundraiser. We hope you are enjoying the beauty of your flowers.

Leigha & Austin
Class of 2023

Library News

The Library will close on June 16. No books will be signed out after that day. Please make sure all books, textbooks (once your final is complete), Edwins and laptops are returned.

The AR Program has been running for 148 school days and we officially have 100% participation. The students have read 2092 books, passing 1917 quizzes. Our school average is 84.9%. Great job everyone! Don't forget, students can continue to participate in the AR Program and keep their reading skills sharp.



Art Show

Please be sure to visit the Esplanade the next time you are in Medicine Hat. Several of our students have art work displayed in the School Art Show. The show runs until June 7 from 12:00-5:00 pm Tuesday to Saturday

SpacesEDU

SpacesEDU coming in the fall of 2023. Please see the attachment for more information.

Parade Time

St. Michael's School Council will be entering a float in the Burdett Parade on July 1st. They are looking for St. Michael's students, parents, grandparents, aunts, uncles, former students or anyone who loves St. Michael's and has a lot of school spirit to join their float. Helpers are also needed to help decorate the float. Please contact Jaap & Tina Remijn (403) 308-4391 if you can help.



Grad Thank You

As the graduates of 2023, Austin Mastel and I, Leigha Hansen, would like to thank the staff that attended our Grad Mass last Sunday, May 28. It meant so much to us to see you guys there. It was so amazing that teachers from outside of Bow Island drove in just to show their support for us. Thank you so much! We won't forget your support

Leigha Hansen & Austin Mastel
Class of 2023



End of the School Year Prayer


God of wisdom, we thank you for all the gifts you have given us throughout this school year. As we come to the end of this school year, we voice our gratitude for the good things you have done in us. We ask that you bless them in your love and give them refreshment and peace. We praise you, God through Jesus Christ our Lord who lives and reigns forever and ever.



twinkl.com

Amen

June 2023

SUN	MON	TUE	WED	THU	FRI	SAT
				1 Elementary Track & Field Free Hot Lunch	2	3
4 1st Communion	5 Gr. 5/6 Camping	6 Gr. 5/6 Camping Grad Pancake Brunch 11:35	7	8	9 Grad Ceremonies 7:00	10
11	12	13	14 Calgary Zoo	15 Pita Pit Day	16 Last Day of Regular Jr/Sr Classes	17
18 Father's Day	19 School Council Family BBQ School Council Meeting	20	21	22	23	24
25	26	27 Year End Awards 12:30 Last Day for Stu- dents	28 Last Day for Staff	29	30	<div> <div>Have a great</div>  <div>VaCa-tion!</div> </div>

May 29, 2023

Dear Parents,

We are pleased to be able to offer school swimming sessions to our students in Grades K-12 at the local Bow Island Swimming Pool, starting June 6th. These sessions align well with the Program of Studies for Physical Education. Different classes will be combined to swim on different days so please see the attached schedule to ensure your child is prepared for the day their group will be swimming.

Grades K-6 will be participating in lessons this year. These will be led by the Bow Island lifeguards. Other swim sessions will be directed by your child's Phys Ed teacher and supervised by the Bow Island lifeguards. There is no cost to your child for this activity. The lifeguards will determine the areas of the pool your child is able to swim in based on ability. Students will be required to swim a test lane to go in the deep end if lessons are not occurring. Life jackets are also available.

We will be walking to the pool and parents are always welcome to join, and/or come and watch at your leisure. Students not participating for any reason will join the group and sit on the bleachers with a supervisor while the class swims. Items to remember:

- swim suit
- towel
- plastic bag for wet clothes
- Optional: goggles, sunscreen, shampoo/conditioner

Please sign the attached permission form and return to your child's teacher by **Friday June 2, 2023**.

If you have questions or concerns, please don't hesitate to call.

Mrs. Jill Weatherhead

(on behalf of all teachers)

403 545-2131



PARENTAL CONSENT FORM FOR EXCURSIONS

St. Michael's School Bow Island

I hereby consent to allow _____ to be taken on an excursion to **Bow Island Swimming Pool** on various dates between **June 6-27, 2023.** This excursion will be supervised by **all classroom teachers**.

This permission is given on the understanding that he/she will be under school supervision throughout the time of the excursion itself, and that all rules of school conduct apply at all times. Please state any medical conditions or medication requirements we should be aware of on this trip. (or mark N/A)

Please return this form by June 2, 2023

I authorize trip supervisors to seek emergency medical treatment should the need arise. Should an emergency arise, authorization is given for alternative transportation arrangements.

Parent Day Phone #: _____

Alternative Phone # _____

Parent Signature: _____ Date: _____

June

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	1	2	3
4	5	6 St Mikes lesson 2-3pm - K(3) + Jr/Sr high (22)	7	8 St. Mikes lesson 2-3pm Gr. 1-4 (25)	9 St Mikes 2:00-3:00pm Gr. 1-4 (25)	10
11	12	13 St Mikes lesson 2-3pm - K(3) + Jr/Sr high free swim (22)	14	15 St. Mikes lesson 2-3 Gr. 1-4 (25)	16 St Mikes 2:00-3:00pm Gr. 1-4 (25)	17
18	19	20 St. Mikes lesson 2-3pm Gr. 5-6 (11), Ks (3)	21 St mikes lesson 2-3pm Gr. 5-6 (11)	22 St. Mikes lesson 2-3pm Gr. 5-6 (11), Ks (3)	23	24
25	26 St. Mikes Gr. 1-4 fun swim 1-2pm(25), Gr. 5/6 lesson 2-3pm (11)	27	28	29	30	



*A Community of Faith
Devoted to Students*

St. Michael's School

302-2 Avenue East, Box 990, Bow Island, AB T0K 0G0
Phone (403) 454-2132

May 24, 2023

RE: Student Attendance During Final Exams

Dear Parents & Guardians,

Friday June 16, 2023 is the last day of regular classes for grades 7 -12 at St. Michael's School. The exam schedule commences June 19th and continues until June 27th. Regular classes for grades 7-12 classes will not run during the exam schedule and students will not be under teacher supervision after the completion of their exams. Students are to leave the school after the completion of their exams, however there will be a supervised study room available for students who require bussing to get home. Regular classes for elementary (K-6) will continue according to the usual schedule.

Students in grades 7-9 are required to write all core class exams regardless of their course grades. This ensures student responsibility regarding the use of the time provided for studying during exam week, and also, the collection of meaningful assessment data for core course teachers.

All exams begin at 8:45am. Please be diligent in ensuring students arrive on time for exams as late entries often cause significant disruption to students already writing and important writing details are communicated at the beginning of every exam. Students will not receive extended time when they have arrived late to an exam. Please refer to the exam schedule for dates each subject is being written.

Students who miss an exam will not be permitted to rewrite the exam unless they have communicated to their teacher the nature of the absence prior to the exam. In cases of emergency circumstances, school administration will intervene on behalf of the student to ensure a reasonable solution. The exam make-up day is only for students who have rescheduled exams prior to exam week. Students who do not communicate the need for a rescheduled exam in advance, will not be permitted to write on the exam make-up day. Diploma and PAT exam dates are mandated by Alberta Education and may not be changed for any circumstance. Students who are absent for a diploma exam, may write it during the next designated date in the following semester. Students who are absent for a PAT may not write the exam at another time.

Exams can bring extra stress upon students. While the school staff works faithfully to prepare students for exams, parents and guardians ought to ensure that students are studying, getting enough sleep, and managing stress. Please contact the school's counselling services for support regarding strategies parents can utilize for students during exams.

Please contact school administration for clarification or inquiries.

Sincerely,

Mark DeJong
Principal
St. Michael's School

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12 ELA 30 Diploma A	13	14	15	16 Last Day of Classes Math 30 Diploma Exam	17
18	19 ELA 10 Final Exam ELA 20 Final Exam ELA 30 Diploma B ELA 7/8 Final Exam	20 ELA 6 Part B PAT Math 10 Final Exam Math 20 Final Exam Social 7/8 Final Exam	21 Chem 20 Final Exam Religion 7/8 Final Exam	22 Math 6 PAT A Science 7/8 Final Exam	23 Math 6 PAT B Math 7/8 Final Exam	24
25	26 Exam Make-up Day Social 6 PAT	27 Science 6 PAT	28	29	30	1

HOLY SPIRIT **SMBI** 2023-2024 SCHOOL YEAR CALENDAR

Aug 30 First day for staff
Aug 30 Opening Mass

O – 2
I – 0

AUGUST '23						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

SEPTEMBER '23

S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Sept 4 Labour Day
Sept 5 First day for students
Sept 22 School PD Day
Sept 27 Div. Board Meeting
Sept 30 National Day for Truth and Reconciliation

O – 20 (22)
I – 18

Oct 6 Non-operational day
Oct 9 Thanksgiving Day
Oct 23 Div. PD Day
Oct 25 Div. Board Meeting

O – 20 (42)
I – 19 (37)

OCTOBER '23						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

NOVEMBER '23

S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

Nov 9 Non-operational day
Nov 10 Day in lieu of Nov 11
Nov 11 Remembrance Day
Nov 22 Div. Board Meeting

O – 20 (62)
I – 20 (57)

Dec 8 School PD Day
Dec 15 Non-operational day
Dec 20 Div. Board Meeting
Dec 21 Last day before break
Dec 22 Non-operational day
Dec 23-31 Christmas break
Dec 25 Christmas Day
Dec 26 Boxing Day

O – 14 (76)
I – 13 (70)

DECEMBER '23						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

JANUARY '24

S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Jan 1 New Year's Day
Jan 2-7 Christmas break
Jan 8 First day after break
Jan 12 Non-operational day
Jan 19 Non-operational day
Jan 24 Div. Board Meeting
Jan 26 School PD Day

O – 15 (91)
I – 15 (85)

Feb 19 Family Day
Feb 20 Day in lieu of Sept 30 for support staff
Feb 20 & 21 Unassigned time for teachers
Feb 22 & 23 SWATCA
Feb 28 Div. Board Meeting

O – 20 (111)
I – 16 (101)

FEBRUARY '24						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

MARCH '24

S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Mar 11 Div. Collab. Day
Mar 15 School PD Day
Mar 27 Div. Board Meeting
Mar 28 Last day before Easter break
Mar 29 Good Friday
Mar 31 Easter Sunday

O – 20 (131)
I – 18 (119)

Apr 1-7 Easter break
Apr 8 First day after break
Apr 24 Div. Board Meeting
Apr 26 Non-operational day

O – 16 (147)
I – 16 (135)

APRIL '24						
S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

MAY '24

S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

May 17 School PD Day
May 20 Victoria Day
May 22 Div. Board Meeting
May 24 Non-operational day
May 27 Spiritual Dev. Day
May 31 Non-operational day

O – 20 (167)
I – 18 (153)

Jun 7 Non-operational day
Jun 14 Non-operational day
Jun 21 School PD Day
Jun 26 Div. Board Meeting
Jun 27 Last day students
Jun 28 Last day for teachers

O – 18 (185)
I – 16 (169)

JUNE '24						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

JULY '24

S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Non-operational Day (No staff/students)
No students
Stat Holidays
School PD/Div. PD/Spiritual Dev./Collab. Days
Div. Board Meetings
First and last days for students
First and last days for teachers

**2023-24
Semester 1 Day
1***

*day 1, day 2 only applies to high school

Teacher	Per 1	Per 2	Recess K-6	Per 3	Per 4	Lunch	Per 5	Per 6	Recess K-6	Per 7	Per 8
Dave Allen	Chem 30	Chem 30		Math 3-5	Math 6/7		Math 8/9	PREP		Physics 20	Physics 20
Maria Matulin	ELA 6/7	ELA 6/7		Science 8/9	Science 3-5		Science 6/7	Option 7-9		4-6 Religion	PREP
Andrea Krauss	K-2 Tue & Thurs	K-2 Tue & Thurs		K-2 Tue & Thurs	K-2 Tue & Thurs		K-2 Tue & Thurs	K-3 Tue & Thurs		K-3 Tue & Thurs	K-3 Tue & Thurs
Sarah Croymans	ELA 3-5	ELA 3-5		Social 20/30	Social 20/30		Social 3-5	Option 4-6		PREP	4-6 PE
Meghan Schwab - M. Leave	ELA 8/9	ELA 8/9		Social 6/7	Social 8/9		PE 20/30	PE 20/30		7-9 PE	7-9 Religion
Jill Weatherhead	1-2 Mon & Wed	1-2 Mon & Wed		1-2 Mon & Wed	1-2 Mon & Wed		1-2 Mon & Wed	1-3 Mon & Wed		1-3 Mon & Wed	1-3 Mon & Wed
Kevin Kinahan											

**2023-24
Semester 1 Day
2***

*day 1, day 2 only applies to high school

Teacher	Per 1	Per 2	Recess K-6	Per 3	Per 4	Lunch	Per 5	Per 6	Recess K-6	Per 7	Per 8
Allen	Chem 30	Chem 30		Math 3-5	Math 6/7		Math 8/9	PREP		Physics 20	Physics 20
Matulin	ELA 6/7	ELA 6/7		Science 8/9	Science 3-5		Science 6/7	Option 7-9		4-6 Religion	PREP
Krauss	K-2 Tue & Thurs	K-2 Tue & Thurs		K-2 Tue & Thurs	K-2 Tue & Thurs		K-2 Tue & Thurs	K-3 Tue & Thurs		K-3 Tue & Thurs	K-3 Tue & Thurs
Croymans	ELA 3-5	ELA 3-5		Social 20/30	Social 20/30		Social 3-5	Option 4-6		PREP	4-6 PE
Schwab - M. Leave	ELA 8/9	ELA 8/9		Social 6/7	Social 8/9		PREP	PREP		7-9 PE	7-9 Religion
Weatherhead	1-2 Mon & Wed	1-2 Mon & Wed		1-2 Mon & Wed	1-2 Mon & Wed		1-2 Mon & Wed	1-3 Mon & Wed		1-3 Mon & Wed	1-3 Mon & Wed
Kinahan							Religion 25	Religion 25		H.S. Option	H.S. Option



**Digital Portfolios are coming to all
St. Michael's Elementary
Classrooms for 2023/2024!**

Engaging in student learning with SpacesEDU

Dear Families,

All St. Michael's elementary classrooms will be using SpacesEDU for 2023-24!

SpacesEDU is an interactive engagement, portfolio, and assessment platform that allows students to capture their learning and reflect on growth, anytime and anywhere. SpacesEDU will give you a window into your child's classroom and into your child's learning journey. You will receive an invite from your child's teacher in late Fall 2023. We are so excited to share this new platform with you and invite you to engage with your child's posts.

Please contact the school if you have any questions about SpacesEDU. With your help, we will continue to build our community of lifelong learners!

***To learn more about our Digital Portfolio tool,
SpacesEDU, please check out the links below:***

Family Getting Started Guide:

https://spacesedu.com/wp-content/uploads/2021/10/SpacesEDU_Family_GettingStartedGuide_en.pdf

Family Privacy Kit:

https://spacesedu.com/wp-content/uploads/2022/09/Family_Privacy_Kit_en.pdf

TRINITY HIGH SCHOOL PARENT INFORMATION SESSIONS



**REGISTRATION
NOW OPEN**
HOLYSPIRIT.AB.CA



Did you know that Holy Spirit High School students can take classes both at Trinity and community schools?

Thursday, June 1st at 6:00 In Person

Monday, June 5th at 2:30 Google Meet

To register and/or find out how to connect for more information scan the QR Code or click

<https://forms.gle/6Rh3aTSzGDh5K78t9>



TRINITY LEARNING CENTRE
FLEXIBILITY- COMMUNITY- SUPPORT





Trinity High School



Parent Information Sessions

Thursday, June 1st at 6:00 In Person
Monday, June 5th at 2:30 Google Meet

Did you know that Holy Spirit High School students can take classes both at Trinity and community schools?

To register and/or find out how to connect for more information scan the QR Code or click
<https://forms.gle/6Rh3aTSzGDh5K78t9>



What can families enrolling their child in Trinity High School expect?

Trinity teachers support students individually as they learn through distributed learning modules.

Trinity offers students a small, caring, understanding and welcoming school environment where students are accepted, encouraged and treated with dignity.

Less formal and structured than a traditional school. Individual learning plans are developed with student, caregivers and school.

Who would be the ideal learner to attend the Trinity 10-12 alternative program?

Students who enjoy and excel learning independently.

Students who due to work or sports commitments need the flexibility in their timetable.

Students who have difficulty attending school due to mental health conditions, such as anxiety or depression.

Students who have had gaps in attendance through the pandemic and have had a hard time re-engaging in school.

Students who have had difficulty socially engaging with peers, or who feel overwhelmed by large numbers of students in traditional classrooms and schools.

What are the expectations/requirements for students attending Trinity?

READY ~ Students need to want to be engaged in learning. It is OK if you have gaps in your education. We will meet you where you are at.

WILLING ~ Students need to be committed to attending or meeting with their teachers regularly.

ABLE ~ Students must have the reading skills, learning habits and maturity to be successful in self-paced learning.



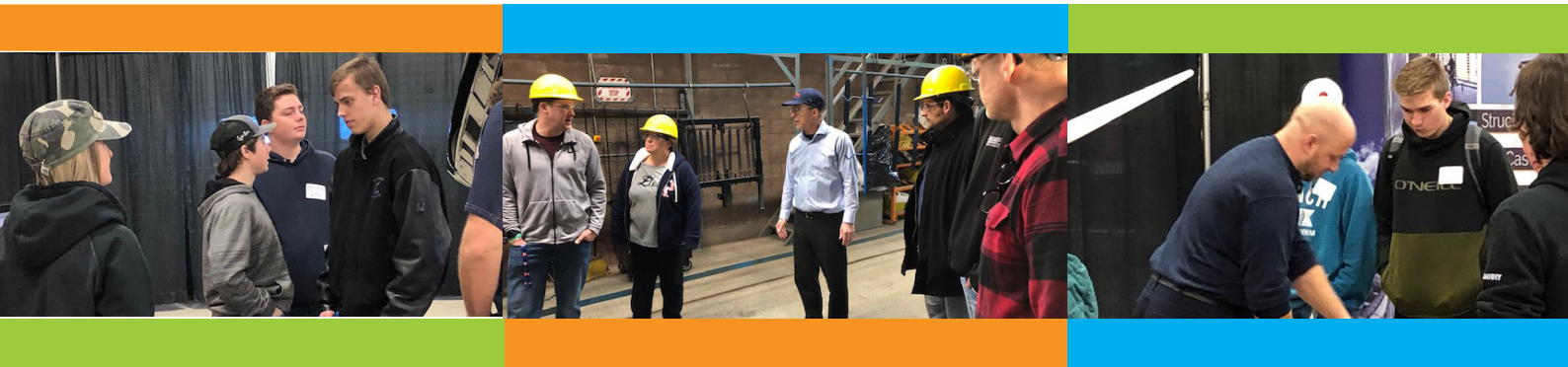
TRINITY LEARNING CENTRE
FLEXIBILITY- COMMUNITY- SUPPORT





Holy Spirit

CATHOLIC SCHOOL DIVISION



Issue N° 9 | Spring | 2023

CC NEWS

CAREER CENTRE NEWS

Room 154 Catholic Central High East

Wendy Gurr - Career Practitioner
gurrw@holyspirit.ab.ca

Mark Boschee - Coordinator
boscheem@holyspirit.ab.ca

EARN CREDIT LEARNING OFF CAMPUS

OFF CAMPUS PROGRAMS

Work Experience

Work Experience

The WEP is an opportunity for students to develop employability skills while completing high school credits. Students work at an approved work site part time or during the summer.

Students work with employers and receive one credit for every 25 hours of work. Students may work any day, Monday through Sunday. Transportation is the students' responsibility.

Dual Credit

Holy Spirit students have an opportunity to earn post secondary credit as well as high school credit by enrolling into one of the many offered post secondary dual credit courses.

RAP

Registered Apprenticeship Program

RAP is an opportunity for high school students to earn up to 40 credits towards their high school diploma while counting hours towards their first year apprenticeship in one of Alberta's trades.

The students who have made career choices and commitments to RAP begin their training in any one of the apprenticeship trades while in high school. They spend part of the year in school completing graduation requirements and part in industry as a registered apprentice.

Dual Credit

Special Projects

Green Certificate

Green Certificate

The Green Certificate Program is an apprenticeship - style program that allows students, who live and work in agriculture, the opportunity to earn credits toward their high school diploma.

Students will have the opportunity to obtain an industry recognized certificate from Alberta Agriculture. Students learn on the job, under the direction of experienced farm personnel and under the supervision and administration of Alberta Agriculture, Forestry (AF), and Alberta Education.

Special Projects

Special Project students become involved in supervised selection, planning, and organization of their own programs which is NOT within the scope of the regular curriculum. Students can earn up to 15 credits.

LETHBRIDGE COLLEGE DUAL CREDIT FALL 2023 COURSES

BIO 1167 - Botany
BIO 1172 - Ecology
BIO 1175 - Animal Science
BUS 1170 - Introduction to Management
CAD 1160 - Graphic Communications
COM 1162 - Interpersonal Relationships & Communication
COM 1165 - Public Safety Communications/Interpersonal Relations
CSP 1150 - Medical Terminology/Anatomy & Physiology
DCM 1164 - Introduction to Design Software and Photography
ECE 1151 - Health, Nutrition and Safety
ECE 1155 - Introduction to Early Childhood Education
EDU 1153 - Foundations of Educational Assistance
ENG 1150 - Composition
ENG 1159 - Writing for the Workplace
GEO 1166 - Physical Geology
HSP 1151 - Family Systems and Development
IDM 1179 - Design Fundamentals
INS 1155 - Introduction to Indigenous Studies
MKT 1152 - Commodity Marketing
MTH 1150 - Engineering Math I
PSC 1165 - Canadian Government
RSR 1160 - Research and Writing for New Media
TRA 1131 - Introduction to the Trades
TRG 1150 - Introduction to Therapeutic Recreation

OLDS COLLEGE DUAL CREDIT FALL 2023 COURSES

ACT 1011 Accounting Principles 1
ATG 1008 Solving Technology Problems
AHT 1050 Intro to Veterinary Profession
HRT 1700 Producing Horticulture Crops
MKG 1021 Marketing Principles
SPM 1260 Introduction to Sports Management

INTERESTED IN DUAL CREDIT Q AND A

- Q. I am interested in Dual Credit but not sure who to contact?
A. Contact the Career Centre and chat with Mrs. Gurr or Mr. Boschee.
- Q. What grade do I have to be in?
A. Dual Credit is open to all high school students. However, these are college courses and require dedication.
- Q. How do I register?
A. Students must first complete a Holy Spirit Dual Credit application. The application will need to be approved by the school administration.
- Q. Is there a deadline to register?
A. Lethbridge College deadline - June 15, 2023.
Olds college deadline - September 12 2023.

INTERESTED IN THE TRADES

DUAL CREDIT OPPORTUNITY LETHBRIDGE COLLEGE

Are you :

- Interested in the Trades but unsure what trade?
- Going into grade 10 or already registered in one of our Holy Spirit high schools?

If so then we may have an opportunity for you.

INTRO TO THE TRADES DUAL CREDIT OPPORTUNITY

As an introductory course designed for grade 10 (not exclusive to grade 10), students will explore and experience 12 trades including plumber, welder, carpenter, electrician, power line technician, wind turbine technician, automotive technician, heavy equipment technician, agricultural heavy equipment technician, parts technician, cook, and baker. Students will participate in both online knowledge-based work complemented with a hands-on component to developing key skills in each specific trade. This course will develop students' appreciation for trades and give them a better understanding of their own aptitude and interests.



INTERESTED IN AGRICULTURE

DUAL CREDIT OPPORTUNITY LETHBRIDGE COLLEGE

Are you :

- Interested in Agriculture but unsure where to start?
- Going into grade 10 or already registered in one of our Holy Spirit high schools?

If so then we may have an opportunity for you.

INTRO TO AGRICULTURE DUAL CREDIT OPPORTUNITY

An introduction to the primary agriculture industries in southern Alberta including agronomy, animal science and agriculture business. Discussions and projects will include identification of basic agriculture science and economic principles, interaction between industries, and evolving career opportunities.



FREE INFORMATION SESSION
JUNE 1, 2023 6:30 - 8:00 pm

SUMMER EMPLOYMENT CAREERS THE NEXT GENERATION

Electrical Interns (2 positions)

Electrical Firm in Lethbridge, AB
Lethbridge Monday – Friday Mornings 6:00 am to 5:00pm
Minimum age requirement – 16yrs – Requires driver's license
Start July 3rd, 2023 \$18.10/hr

Carpenter

City of Lethbridge
Lethbridge Monday – Friday – 7:30am – 4:30pm – Full Time 40hrs/week
2-Month Term position; approximately July 3 – August 31, 2023
Minimum Age Requirement – 16yrs Apply by May 22nd
July 3rd, 2023 \$16.50/hr

Electrician (2 positions)

1 in Maintenance Dept
1 in Traffic Signals Dept
City of Lethbridge
Lethbridge Monday – Friday – 7:30am – 4:30pm – Full Time 40hrs/week
2-Month Term position; approximately July 3 – August 31, 2023
Minimum Age Requirement – 16yrs Apply by May 22nd
July 3rd, 2023 \$16.50/hr

Plumber

City of Lethbridge
Lethbridge Monday – Friday – 7:30am – 4:30pm – Full Time 40hrs/week
2-Month Term position; approximately July 3 – August 31, 2023
Minimum Age Requirement – 16yrs Apply by May 22nd
July 4th, 2023 \$16.50/hr

Heavy Equipment Technician

(2 positions) City of Lethbridge
Lethbridge Monday – Friday – 7:30am – 4:30pm – Full Time 40hrs/week
2-Month Term position; approximately July 3 – August 31, 2023
Minimum Age Requirement – 16yrs Drivers License Required
July 4th, 2023 \$16.50/hr

Cook

Fine Dining Restaurant
Lethbridge Monday – Sunday 6:00 am to 10:00pm F/T (flexible schedule)
Minimum Age Requirement – 16 yrs
July 4th, 2023 \$15.00/hr

Heavy Duty Technician

Auto Service Shop
Lethbridge Monday – Friday 6:00 am to 5:00pm F/T (flexible schedule)
Minimum Age Requirement 16 yrs. Driver's License Required
June 26th, 2023 or July 4th, 2023
\$15 - \$18/hr

Heavy Equipment Technician

General Contractor
Lethbridge Monday – Friday 6:00 am to 5:00pm F/T (flexible schedule)
Minimum Age Requirement 16 yrs. Driver's License Required
HET 1st or 2nd year Apprentice Required
July 4th, 2023 \$20.72/hr

HVAC Tech or Plumbing Position

HVAC Company
Lethbridge Monday – Friday 7:30am – 4:30pm F/T July 4th, 2024 \$15.00/hr

Recreation Therapy Patient Support

Community Health Centre
(2 positions)
Vulcan Monday – Friday 6:00 am to 5:00pm (flexible schedule)
25 hours/per or cumulative 150 hours total (over 6 weeks)
Minimum Age Required – 15 yrs.
July 10th, 2023 \$15.00/hr

Recreation Therapy Patient Support

Community Health Centre
(2 positions)
Milk River Monday – Friday 6:00 am to 5:00pm (flexible schedule)
25 hours/per or cumulative 150 hours total (over 6 weeks)
Minimum Age Required – 15 yrs.
July 10th, 2023 \$15.00/hr

Administration & Record Support

Health Centre
(2 positions)
Lethbridge Monday – Friday 6:00 am to 5:00pm (flexible schedule)
Full time – 40hrs/week Minimum Age Required – 16 yrs.
July 4th, 2023 \$15.00/hr

Contact the Career Centre
Room 154 Campus East
for more information.



CAREERS
take on the future

DID YOU KNOW.....

**PLEASE READ:
IMPORTANT
MESSAGE**

If you are currently in work experience or the registered apprenticeship program (RAP) and you will be working through the summer you will need to contact Mrs. Gurr or Mr. Boschee if you haven't already done so and read the following.

Students will required to still show proof of hours worked by either emailing their documented proof to:

Mrs. Gurr - gurrw@holyspirit.ab.ca or
Mr. Boschee - boscheem@holyspirit.ab.ca

If students are working but have not registered in work experience or the registered apprenticeship program (RAP) they will need to contact the Career Centre if they wish to gain credit for summer hours worked. This needs to be done prior to the start of summer and can't be done retroactively.

Contact:

Mrs. Gurr - gurrw@holyspirit.ab.ca or
Mr. Boschee - boscheem@holyspirit.ab.ca

SUPPORT SOUTHERN ALBERTA AGRICULTURE!



STARTING AT \$18/hr!

SELECT is hiring for the summer!
Apply Now!
Must be 15+ years of age to apply



Holy Spirit Catholic School Division

Division Family Gathering



**Join us for a time of
Indigenous games, food, and fun!**

Catholic Central High

Taatsikoyis (Centre Tipi)

East Campus (field)

405-18th Street South

June 7, 2023



Prayer 5:00pm



Meal 5:15pm-5:45pm



Indigenous Games 6:00pm-8:00pm

“Siksikaitsitapi Familes” Welcome!

(Please bring your own chair. In case of inclement weather, the event will move indoors to the CCH East Gym.)

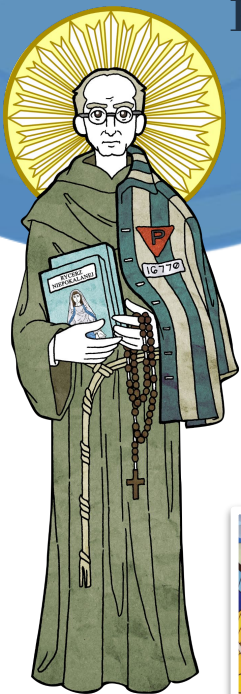
For more information, please contact
Shelley Kirkvold at 403.327.9555



Itowaahkomstii'oppi
“Where We All Gather to Play Games”

June

Arise! Pilgrims of Hope



*"Come to me, all you that are weary
and are carrying heavy burdens, and I will give you rest."*

Matthew 11:28

Saint Maximilian Kolbe 1894-1941 (Feast Day: August 14)

Raymund Kolbe was born in Poland in 1894. At the age of 12, while praying with an image of Our Lady of Czestochowa, Mary appeared to him in a vision. He later joined a branch of the Franciscan order, and took the name Maximilian as his religious name when he was ordained. In the early 1930s, he served as a missionary in Shanghai, Nagasaki, and Malabar. The monastery which he built in his time in Nagasaki later survived the atomic bomb blast.

Kolbe returned to Poland in 1936, resumed his work as a priest and publisher, and started a Catholic radio station. At the outbreak of the Second World War in 1939, Kolbe and his fellow friars provided shelter to Jewish refugees, and continued publishing Catholic and anti-Nazi works. Kolbe was arrested in February 1941, and was eventually sent to Auschwitz. He maintained his priestly ministry in the camp, which led to beatings and punishments.

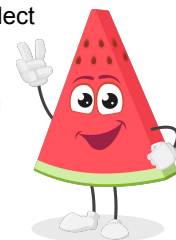
In late July 1941, after the escape of a prisoner from the camp, ten men were selected to be starved to death as punishment. One of the men selected was a Polish army sergeant named Franciszek Gajowniczek; when selected, he cried out for his wife and family. At this point, Kolbe stepped forward to take his place voluntarily. Gajowniczek survived the war and lived until 1996.

The prisoners were jailed in an underground bunker and deprived of food and water. During this time, Kolbe led the group in prayer. After two weeks, only Kolbe and three others remained alive. On August 14, 1941, he and the other three prisoners were killed with a lethal injection.



Holy Moments In Our Schools

Over the course of this year, we have been blessed to see the many Holy Moments that have happened throughout Holy Spirit. When we take time to step back and reflect on these moments, we often discern the role that the Holy Spirit plays in our lives to reveal God and his plan to us. As you have each taken up the call to Arise this year, like the École St. Mary students shown here, you too have been a conduit for the Holy Spirit for those around you.



June – Comfort the Afflicted

Comforting the afflicted (or sometimes, the sorrowful), is the last of the Spiritual Works of Mercy that we will examine this year. This comfort is not a corporal (physical) work of mercy because it is describing the need that we have to support one another emotionally and spiritually. If we consider the roots of the word comfort, we find together (com-) and strong (-fort); strong together. We see something similar in the word compassion—suffering together. When we find ways to suffer with one another—to bear each other's burdens—we become stronger and more unified. That strength and unity is modeled in a perfect way in Christ, who took on all of our burdens and suffered for us, that we might become one. "It is not a sign of weakness to share your suffering with someone. In fact, it takes great courage and it takes even more courage to listen and not try to solve the problem. Sometimes we just need to "suffer with" that person in order to comfort them."

Be open to listening and comforting those who are dealing with grief. Even if we aren't sure of the right words to say, our presence can make a big difference.

- Lend a listening ear to those going through a tough time
- Make a home cooked meal for a friend who is facing a difficult time
- Write a letter or send a card to someone who is suffering
- A few moments of your day may make a lifetime of difference to someone who is going through a difficult time

The Fruit of the Spirit – Love

Love is both a Fruit of the Spirit and one of the three *Theological Virtues* inspired by the Holy Spirit. As the first and greatest Theological Virtue, Love (or Charity) refers to our ability to love God above all things, and our neighbour as ourself. Our imperfect love is a reflection of the perfect love that God has for us, and the love that exists in the relationship between God, Christ, and the Holy Spirit. This points us toward the idea that love is relational, and the fullness of love leads us into communion and spiritual unity with God and one another. Throughout this year, we have focused on this element of Mark 5 of the Catholic School Identity - that we live in community, spiritual unity, and relationship.

God demonstrates His perfect, selfless, agape love to a world that is often confused about what true love is. In society, we have overused the word 'love' in ways that minimize the depth of what real love is. We say we "loved the movie" or we "loved those blueberry pancakes" or we "love" a Facebook post.

Jesus used the word 'love' 51 times during his teaching. In John 15:17, he used the word 'love' in a command, "These things I command you, that you love one another." As a child of God, we need to strive to show others God's love through us. Whether it be reaching out to a friend in need, volunteering in a mission, giving our time to a cause—reach out in love, and let the fruit of love ripen inside your spirit.



"God has assigned each person a specific mission in this world."

- Saint Maximilian Kolbe

Reflecting on the life of St. Maximilian Kolbe ...

Saint Maximilian Kolbe Showed “Comfort the Afflicted”

As we have seen, we can draw a connection between comforting the afflicted and suffering together. In his final days, St. Maximilian Kolbe chose to suffer together with his fellow prisoners, and continued to point them towards Christ even in their unimaginable circumstances. In his collected writings, he once said:

“A person is great and becomes a witness and a teacher, capable of leaving an authentic message to the world, not so much on account of what one says or writes, but for what one is...”

Although St. Maximilian Kolbe died at Auschwitz, he left an authentic message to the world. The man he saved, Franciszek Gajowniczek, survived the remainder of the war and was reunited with his wife, and spent his life spreading the story of Kolbe's sacrifice.

St. Maximilian Kolbe, Pray for us!



Saint Maximilian Kolbe Showed “Love”

When St. Maximilian Kolbe was canonized by St. Pope John Paul II, he was decreed to be a martyr of charity. In the Catholic tradition, this is someone who is martyred in the act of practicing charity motivated by faith. In this alone, it is clear that Kolbe was a model of love.

One saying that was often repeated by Kolbe in his life and work was “only Love creates.” The meaning of this, so evident not only in World War II but also in our own day, is that hatred is not a creative force - all that is created is a reflection of the love that God has for us. In the crucible of Auschwitz, founded in hatred, Kolbe chose to witness his faith by laying down his life for a man that he did not know. Such a decision could only be made in the knowledge that this loving choice would have creative ends in God's plan. As St. Pope John Paul II said at his canonization:

“And in this human death of his there was the clear witness borne to Christ: the witness borne in Christ to the dignity of man, to the sanctity of his life, and to the saving power of death in which the power of love is made manifest.”

Gospel Readings

June 4, 2023

Solemnity of the Most Holy Trinity

Gospel Reading: John 3:16-18

“God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life.” — John 3:16

What is the most precious thing you have? Is it a special toy? A special friendship? A special talent? Would you be willing to give it to someone else if that person needed it? There is nothing more precious than life itself. But God was willing to send Jesus into our world for our benefit.

On this special feast day, we remember that while God is one, God is also a family of three Persons – Father, Son and Holy Spirit, bound together as one by a great force of love. The amazing thing is that Father, Son and Holy Spirit love us with the same great love. There is nothing more important to God than to bring us into their family of love.

Dear Lord, thank you for loving us with such a great love that even death cannot separate us. Help us to sacrifice the little things we hold onto so we can imitate your love to others and bring them closer to you.

What is one thing you can give up today that will help someone else?

June 11, 2023

Solemnity of the Body and Blood of Christ

Gospel Reading: John 6:51-58

“Whoever eats my flesh and drinks my blood remains in me and I in him.” — John 6:56

What happens when you dissolve a powdered drink mix in water and shake it up? Would it be possible to separate the granules from the water once they are completely dissolved? Of course not! Our Gospel passage today reminds us that when we receive Jesus' Body and Blood in Holy Communion, he becomes a part of us, and we are changed to become more like him. Last week, we learned that God's love for us is so great that Christ was willing to die so we might be brought into the family of God. This week, we see that not only do we become a part of God's family through Jesus' death and resurrection, but Jesus went even a step further by providing a way for us to have his Body and Blood poured into us. He wants so much to be a part of us that he gives us himself in this new way. We are blessed to have an opportunity to receive him in Holy Communion.

Thank you, Jesus, for offering us your Body and Blood so that your life can become our life. Help us to prepare well to receive you in Holy Communion so we will welcome you with a clean heart.

What will you say to Jesus after receiving him in Holy Communion today? (For those who have not yet received their First Holy Communion, you can still talk to him in prayer during the communion procession.)

Gospel Readings

June 18, 2023

11th Sunday in Ordinary Time

Gospel Reading: Matthew 9:36-10:8

"Without cost you have received; without cost you are to give."
— Matthew 10:8

Have you even received advertising mail that contained a quarter or even a dollar? The advertiser usually suggests that you donate the money back to their cause. I wonder how many people do that. I think most people feel that since they didn't ask for the money, and the advertiser chose to give it to them, they don't owe the advertiser anything back.

In today's Gospel, Jesus called his apostles by name and gave them a very important opportunity—not because they did something to earn it, but because he believed they would use the opportunity to help others believe that God loves them. Jesus told them to go out into the world and tell God's people about the kingdom he prepared for them. Even more than telling them, they were to show them how it works in this kingdom of his. How? By taking care of them for free. They cured their illnesses, brought the dead back to life, and drove out evil spirits. Many people came to believe in Jesus because of the generous acts of his apostles.

Dear Lord, help us to be so generous as to share your love with others, not for what we will get in return but because we want to return what you have given us—your love.

What is one thing you can do to help people know that God loves them?

June 25, 2023

12th Sunday in Ordinary Time

Gospel Reading: Matthew 10:26-33

"What I say to you in the darkness, speak in the light; what you hear whispered, proclaim on the housetops." — Matthew 10:27

Have you ever had a dream that seemed so real that when you awoke you thought the events had actually happened? Many times in the Bible we read that God spoke to people in dreams. God can also speak to us in other ways besides dreams. The Gospel today says that God may sometimes speak to us quietly. If we suddenly have a sense that we should or shouldn't do something, God may be prompting us to do the right thing. Or, if we are reading a story and all-of-a-sudden it reminds us of someone who needs our help, God may be asking us to share God's love with that person. The key to hearing God is to listen carefully. We cannot tell others what God has told us if we didn't hear him, can we?

Lord Jesus, open my eyes so I may see clearly; open my ears so I may hear you and help others to know you.

After Mass today, take a few moments together to sit silently and listen. What do you hear? Is it hard not to talk, just to sit quietly? It may take some practice, but it's worth the effort if it helps us to hear God's voice.

Download this month's [Saint Prayer Card](#) - Saint Maximilian Kolbe



St. Maximilian, amidst the hate and lonely misery of Auschwitz, you brought love into the lives of fellow captives, and sowed the seeds of hope amidst despair. You bore witness to the world, by word and deed, that "only Love creates."

Help me to become more like yourself. With you and Mary and the Church, may I proclaim that "only Love creates." To the hungry and oppressed, the naked and homeless, the scorned and hated, the lonely and despairing, may I proclaim the power of Christ's love, which endures forever and ever. Amen

St. Maximilian Kolbe - Pray for us!

Sources:

[The Spiritual Works of Mercy](#)

[Sixth Spiritual Work of Mercy: Comfort the Afflicted](#)

[The Fruit of the Holy Spirit: What is Love?](#)

[Saint Maximilian Kolbe](#) Spanish: [San Maximiliano Kolbe](#)

[Story Saint Maximilian Kolbe](#) | [Stories of Saints](#)

[Home Page](#)

June

Have a great summer!

Arise!
Pilgrims of Hope Journal

WEEK ONE

What merciful acts did you witness today?



"All the paths of the Lord are steadfast love and faithfulness, for those who keep his covenant and his decrees." (Psalm 25:10)

WEEK TWO

What person do you look up to?



WEEK THREE

What do you love most about your school?



WEEK FOUR

I am thankful my friends and family turn to me for...



JULY 2023

MENTAL HEALTH CAPACITY BUILDING SUMMER PROGRAM

MON	TUE	WED	THU	FRI	SAT
<p>2</p>	<p>3</p> <p>Holiday</p>	<p>4</p> <p>Free Family Outdoor Play Henderson Lake Park 10 AM - 1 PM</p>	<p>5</p> <p>Free Family Outdoor Play Henderson Lake Park 3 PM - 6 PM</p>	<p>6</p> <p>Coolidge Spray Park 11:00 AM-1:00PM Creative Thursday CASA Art Event *Voucher needed* 6-8PM</p>	<p>7</p> <p>Mindful Friday No matter where you are in your journey, stop and reflect. This time next year, nothing will be the same.</p>
<p>9</p>	<p>10</p> <p>Movement Monday YMCA Fit Kids Youth ages 10-15 *Voucher needed* 11AM-12PM</p>	<p>11</p> <p>Free Family Outdoor Play Wilson Middle School 10 AM - 1 PM</p>	<p>12</p> <p>Free Family Outdoor Play Wilson Middle School 3 PM - 6 PM</p>	<p>13</p> <p>Creative Thursday CASA Art Event *Voucher needed* 6-8PM</p>	<p>14</p> <p>Mindful Friday Change your speed and go with the flow. Slowing down isn't about losing time. It's about gaining time for the things that matter most.</p>
<p>16</p>	<p>17</p> <p>Movement Monday YMCA Fit Kids Youth ages 10-15 *Voucher needed* 11AM-12PM</p>	<p>18</p> <p>Free Family Outdoor Play Nicholas Sheran School 10 AM - 1 PM</p>	<p>19</p> <p>Free Family Outdoor Play Nicholas Sheran School 3 PM - 6 PM</p>	<p>20</p> <p>FREE Family Swim Pincher Creek Swimming Pool, max 68 people 1 PM - 3 PM 895 Main St, Pincher Creek Creative Thursday CASA Art Event *Voucher needed* 6-8PM</p>	<p>21</p> <p>Mindful Friday "Do not conform yourselves to this age but be transformed by the renewal of your mind, that you may discern what is the will of God, what is good and pleasing and perfect." Romans 12:2</p>
<p>23</p>	<p>24</p> <p>Movement Monday YMCA Fit Kids Youth ages 10-15 *Voucher needed* 11AM-12PM</p>	<p>25</p> <p>Free Family Outdoor Play Lakeview Elementary School 10 AM - 1 PM</p>	<p>26</p> <p>Free Family Outdoor Play Lakeview Elementary School 3 PM - 6PM</p>	<p>27</p> <p>Creative Thursday CASA Art Event *Voucher needed* 6-8PM</p>	<p>28</p> <p>Mindful Friday "In all your ways be mindful of him, and he will make straight your paths." Proverbs 3:6</p>

To attend the **Monday YMCA Strong Kids** class, you must receive a voucher at the Holy Spirit Tent at the Free Family Outdoor Play Events on Tuesdays and Wednesdays- Spaces limited
YMCA location: 140-74, Mauretania Rd W, Lethbridge

To attend the **Creative Thursday CASA Art** event, you must receive a voucher at the Holy Spirit Tent at the Free Family Outdoor Play Events on Tuesdays and Wednesdays- Spaces limited.
CASA location- 230, 8 St S, Lethbridge



AUGUST 2023

MENTAL HEALTH CAPACITY BUILDING SUMMER PROGRAM

MON	TUE	WED	THU	FRI	SAT
30	1 Free Family Outdoor Play Senator Buchanan School 10 AM - 1 PM	2 Free Family Outdoor Play Senator Buchanan School 3 PM - 6 PM	3 Creative Thursday CASA Art Event *Voucher needed* 6-8PM	4 Mindful Friday Being your toughest critic is the same as being your worst enemy. Be kind to yourself.	5
6	8 Free Family Outdoor Play Coalbanks Elementary School 10 AM - 1 PM	9 Free Family Outdoor Play Coalbanks Elementary School 3 PM - 6 PM	10 Creative Thursday CASA Art Event *Voucher needed* 6-8PM	11 Mindful Friday "Trust in the Lord with all your heart, on your own intelligence do not rely." Proverbs 3:5	12
13	15	16	17 Taber Aquafun Centre FREE Family Swim 4:00pm-5:00pm 4700 50 St, Taber, AB Max 140 people *Children 8 and under must be accompanied by an adult	18 Mindful Friday Big things often have small beginnings. Celebrate tiny victories.	19
20	22	23	24	25	26
27	29	30	31		

FREE FAMILY OUTDOOR PLAY JULY/AUGUST 2023



TUESDAY

WEDNESDAY

JULY 4 Henderson Lake Park 10 AM-1 PM	JULY 5 Henderson Lake Park 3 PM-6 PM
JULY 11 Wilson Middle School 10 AM-1 PM	JULY 12 Wilson Middle School 3 PM-6 PM
JULY 18 Nicholas Sheran School 10 AM-1 PM	JULY 19 Nicholas Sheran School 3 PM-6 PM
JULY 25 Lakeview Elementary School 10 AM-1 PM	JULY 26 Lakeview Elementary School 3 PM-6 PM
AUGUST 1 Senator Buchanan School 10 AM-1 PM	AUGUST 2 Senator Buchanan School 3 PM-6 PM
AUGUST 8 Coalbanks Elementary School 10 AM-1 PM	AUGUST 9 Coalbanks Elementary School 3 PM-6 PM

EVENT DESCRIPTION:

All ages welcome! Drop by our pop-up tents for **FREE** outdoor play activities.

Stay for some outdoor facilitated games.

Parent supervision required. Weather permitting. Check online schedule at buildingbrains.ca/events for updates.

SAFETY PROTOCOLS:

- All public health measures will be in effect
- Family focused events, parent supervision is required
- If you're feeling unwell, we'll see you at our next location
- Weather permitting

PARTNER LINKS:

City of Lethbridge - lethbridge.ca/events

Community LINKS - community-links.ca

Family Centre Summer Programs - famcentre.ca

Lethbridge Public Library - lethlib.ca

Building Brains Together - buildingbrains.ca

 Holy Spirit Catholic School Division

[Supporting Family Wellness](https://supportingfamilywellness.ca)



Lethbridge