



St. Michael the Archangel
Our Angel of Protection

St. Michael's School

September 2023

Welcome to the 2023/2024 school year. The staff is excited to see all of our students again this year. We are very pleased to welcome our new principal, Mr. Kevin Kinahan. Mr. Kinahan has been a part of Catholic Education for the past 32 years. He is looking forward to meeting all of the students and their families. We would also like to welcome Miss Mirielle Almodovar as the new Bow Island Community Playschool teacher. Miss Mirielle will also be helping Mrs. Krauss with the Kindergarten class on Tuesdays and Thursdays.

Social Media



Please be sure to check us out on Facebook, X (formerly Twitter) and our Website. Our X account will provide you with sports scores, activities etc. and can be accessed at: @smbischool. Our Website address is: www.holyspirit.ab.ca/smbi where you can view our Facebook page or access it at www.facebook.com/stmichaels.bi

Bell Times

School start and end times remain the same this year. Morning supervision will begin at 8:15 a.m. Students should not be at the School prior to that time. Jr./Sr. Students enter the school at 8:20 and Elementary at 8:25 through their designated entrances. Bell times

Announcements	8:30
Elementary Recess	9:54-10:09
Lunch Break	11:33-12:09
Elementary Recess	1:36-1:51
Dismissal	3:17

Newsletters

Newsletters are published once a month and will be sent to families electronically by email. They can also be found on the school's web page. If you do not have an email account or prefer a paper copy please contact the school to make those arrangements. Newsletters will be sent out by the 1st of each month.

School Fees



An invoice for school fees is enclosed. If you have not done so, please consider signing up for School Cash Online (instructions attached). By signing up you will receive an email notification whenever something is available for you to purchase for one or all of your children (i.e. hot lunches, concession credit etc.). It is our hope that the majority of our families will take advantage of the quick, secure and easy alternative to send cash or cheques to the school. Paying through Cash Online helps reduce the amount of cash in the school at any given time. If you have any questions please contact Mrs. Johnson.

Transportation



Parent Drivers are once again needed for this school year. Driver documents need to be completed online through Permission Click at the following link <https://permission.click/VjqPI/ca>. You will also receive an email with this link.

Parking

Students are asked to park in the lot on The east side of the school. We ask that parents park along the east side as well if possible. Parking in front of the school is not permitted from 8:00-9:00 am and 3:00-3:30 pm in order to give buses Access to drop off and pick up students safely. Parents and students are asked to cross the street at the crosswalks only for student safety. Once our safety patrollers are in place we ask that every-one respect and follow their guidance.

Terry Fox Walk

The annual Terry Fox Walk will take place taThursday, September 21 at 1:00. We will once again be walking through town following the same route as in past years. Parents, family and friends are Invited to join us. We are hoping for

another fantastic fundraising effort by our students in support of the Terry Fox Foundation. Good luck to all students and thank you to everyone for your continued support of the very worthwhile cause. A letter and pledge sheet are attached.



Kindergarten

The first day of school for Kindergarten students is Tuesday, September 12. We look forward to seeing those excited new faces. Welcome Kindergarten!

Welcome Back BBQ



Our annual Welcome Back BBQ is set for Tuesday, September 19 at 5:00 in the school gym. We look forward to seeing you there.

Parent Council Meeting

The first Parent Council meeting is set for Tuesday, September 19 at 6:00 following the BBQ. Everyone is invited to attend.

Hot Lunches

We will once again be offering a variety of hot lunches each month. Peter's Pizza lunches support the graduating class while Pita Pit lunches support our athletic programs. Taco in a Bag days continue to help with our year end awards program and Hot Dog day profits are given to charity. Will Parent Council will once again be offering a FREE hot lunch once a month. If you are able help prepare or serve a hot lunch, please contact Cassandra Kielstra at 403-892-0417.

Tech Free Tuesdays

We will once again have "Tech Free Tuesday" every week for all Grade 7-12 students during lunch hour. This is an opportunity for students to reconnect with each other face to face

Safety Patrol

The Grade 4 & 5 Class will be participating in the Safety Patrol Program. Thank you Mrs. Weatherhead for leading this program.

Volunteers Welcome



Parents are such an important part of a child's learning team! We would love you to be involved at the school. We have a number of opportunities that would benefit from parent

Volunteers. Please consider your gifts, talents And time, and contact the school to let us know How we can best use them! Individual Classroom teachers will be sending out classroom requests But we have specific requests for: Breakfast Program: donating muffins, or handing out breakfasts to students (8:00-8:30 am Tuesdays and Thursdays), Art classes: assisting Art 4-6 Wednesdays 1:45-3:17 pm or Art 7-9 Thursdays 1:45-3:17 pm, Coaching: Volleyball or any other sports you have access to and would like to bring to our school

Opening Mass

Students and staff will join Father Wojciech at St. Michael's Church on

Wednesday, September 13 at 9am for our Opening Mass. All parents, friends and family are invited to join us.



Weekly S.M.I.L.E. time

This year our entire school will be getting together every Wednesday or Thursday Morning, depending on when Mr. Kinahan is here, for our **St. Michael's Inspiring Enrichment (SMILE)** time. During this time the staff will be Collaborative Team Meeting which will help us in meeting the needs of all Students.

School Pictures

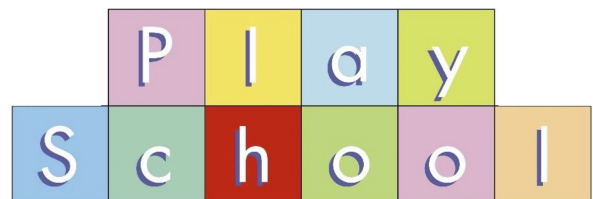
School picture day with Lifetouch is set for October 17. They have made a few changes which included

* Class Photos - included only if you purchase a photo package. If you do not purchase a photo package you can purchase a Class Photo for \$9.99

* **There will be no retake day.**

Bow Island Play School

Play School starts Monday, September 11. They have a 3 year old program that runs Mondays and Wednesdays from 9:00-11:30 as well as a 4 year old program that will run Mondays and Wednesdays from 12:30-3:00. For more information please contact the school or Jamie Phal.



Concession

The concession is up and running with a limited menu at the moment. Milk will be Available to purchase starting September 13.

A price list is attached. Please remember to sign up for School Cash Online if you have not done so already. Instructions are attached. School Cash Online is a safe and secure way to pay for school purchases.

September 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Labor Day	5 Welcome Back!	6	7	8	9
10	11 SMILE	12	13 Opening Mass 9:00	14	15 SMILE	16
17	18	19 SMILE Welcome Back BBQ 5:00 Parent Council Meeting 6:00	20	21 SMILE Terry Fox Walk 1:00	22 No School Staff PD Day	23
24	25	26 SMILE	27 Division Board Meeting	28 SMILE	29 SMILE Feast Day of St. Michael the Archangel	30 National Day for Truth and Reconciliation

Concession Menu

Chicken Quesadilla.....	\$3.50
Grilled Cheese.....	\$2.50
Granola Bar.....	\$0.50
NutriGrain Bar.....	\$0.50
Dad's Cookies.....	\$0.50
Hot Rod.....	\$0.75
Milk (Choc/White).....	\$1.00
Milk Card.....	\$10.00
Water.....	\$1.00
Juice Box.....	\$0.75





NOTICE TO PARENT OR GUARDIAN OF RELIGIOUS PERMEATION

Section 58.1 of the *Education Act* requires a school board to give notice to a parent or guardian when courses of study, education programs, institutional materials, instruction or exercises include subject matter that deals primarily and explicitly with religion. All of the schools in this division are Catholic Separate Schools, the essential purpose of which is to fully permeate Catholic theology, philosophy, practices and beliefs, the principles of the Gospel and teachings of the Catholic Church, in all aspects of school life, including in the curriculum of every subject taught, both in and outside of formal religion classes, celebrations and exercises. Every course of study and educational program, all institutional materials, instruction and exercises will at all times include subject matter that deals primarily and explicitly with religion.



FAIR NOTICE LETTER

Dear Parents / Guardians,

The Holy Spirit Catholic School Division is committed to providing safe learning environments for all students, staff, school visitors and community members. When a student behaves inappropriately, principals use progressive discipline to help a student take responsibility for their actions, change their behavior and learn from their mistakes.

When students' behaviors pose a potential threat to safety or serious harm, the Southwest Alberta Regional Violence Risk Threat Assessment Protocol (VTRA) helps principals take further steps to protect the well-being of students and staff. The protocol helps schools respond quickly to threatening incidents such as: possession of a weapon or a replica weapon, bomb threats or plans, verbal, written or electronic (internet, text) threats to kill or injure oneself or others or other threats of violence, fire setting.

The Southwest Alberta Regional VTRA Protocol outlines how a school responds immediately to threatening behavior. Principals may first bring together a School Threat Assessment Team, which ideally includes the principal / associate principal, a school based counsellor / jurisdictional lead and police of jurisdiction. If the situation is serious the principal may also consult the Superintendent of Schools and call in members of the Community Threat Assessment Team. This community team may include representatives of community agencies who work with us to keep our schools safer such as, but not limited to, local police, children's mental health organizations or Child and Family Services. Parents / guardians will be notified as soon as possible in the Stage I - VTRA Process. If parents / guardians cannot be reached, but a concern for safety still exists due to threatening behavior, the threat assessment may still proceed. Personal information shared throughout this process will respect and balance each individual's right to privacy with the need to ensure the safety of all.

This letter complies with procedure 2 of *Administrative Procedure 322: Violence Threat / Risk Assessment (V-TRA) Protocol*, which states that parents / guardians will be provided with "fair notice" that each threat will be taken seriously. Should you wish to further review this Administrative Procedure, please visit our website at www.holyspirit.ab.ca.

If you have any questions regarding the Holy Spirit Catholic School Division's use of the Southwest Alberta Regional V-TRA Protocol, please contact the Director of Support Services at the St. Basil Catholic Education Centre. We appreciate your support in ensuring our schools are safe environments for our students, staff and community partners.

Sincerely,
Ken Sampson, Superintendent of Schools

Welcome to SchoolCashOnline



School Cash Online is an easy to use and safe way to pay for your children's school fees.

- ✓ Conveniently make payments for student fees online
- ✓ Stay connected and informed of all school activities
- ✓ Never miss out on field trips, school events, yearbooks and more

All you have to do is register, attach your students and in no time, you will be able to make payments online.

How to Register

1. Go to <https://holyspirit.schoolcashonline.com/> and click on Register

- ✓ Enter in your first name, last name, email and create a password.
- ✓ Select a security question.
- ✓ Check YES to receive email notifications

2. A confirmation email will be sent to you

- Check spam

3. Follow the instructions in the email.

Your email is used as your username in your profile.

How to Add a Student

1. Sign In to School Cash Online
2. Go to MY ACCOUNT.
3. From the drop down menu, select My Students.
4. Click to add a student.

- a. Type in your School Board Name
- b. Select School Name from the list.
- c. Enter Student Criteria (as set by your School Board)
- d. CONFIRM

You can add up to 8 students on your profile.

Payment Types Accepted

 Credit Cards  eCheck  myWallet

You can pay for multiple student's items in one Check Out.

How to Make a Payment

1. You will be able to view any available items attached to your students that are set up on your account.
2. Select the item that you would like to purchase and click "add to Cart".
3. Once you have finished adding items to your cart, select "Check Out" to make payment.



Stay connected by receiving email notifications of new fees.



Never miss out on field trips, yearbook sales, and school events.



Pay required fees any time, any where.



Students no longer risk carrying cash and checks to school in their backpacks.

FAQs

I've forgotten my password

Click on the "Forgot your password?" link to reset your password. A temporary password will be sent to the email address registered with your account.

How secure are my purchases?

KEV Group's top priority is to keep your personal information safe. Go to <https://helpdesk.supportschoolcashonline.com> and see Security for Security Policy and Privacy Policy.

What if I can't find my student?

Contact your school to confirm your student's details (sign up criteria) to ensure it matches exactly with what was entered in your school's records.

What if I can't see any items?

Each school creates their own items for purchase and assigns them to students. Once assigned, they will appear online under the student tab.

Need Help?

Go to helpdesk.supportschoolcashonline.com



Contact your school office directly for the following issues:

- ✓ You require a refund for items purchased on School Cash Online
- ✓ When adding to the cart, the item displayed prevents you from completing your purchase correctly
- ✓ You made a purchase on an item incorrectly and want to change your order
- ✓ You are missing items that you thought were available to purchase. Items are created by the school and School Cash Online displays those items for parents to purchase

How To Make Online Payments
for Your Student Fees using

SchoolCashOnline

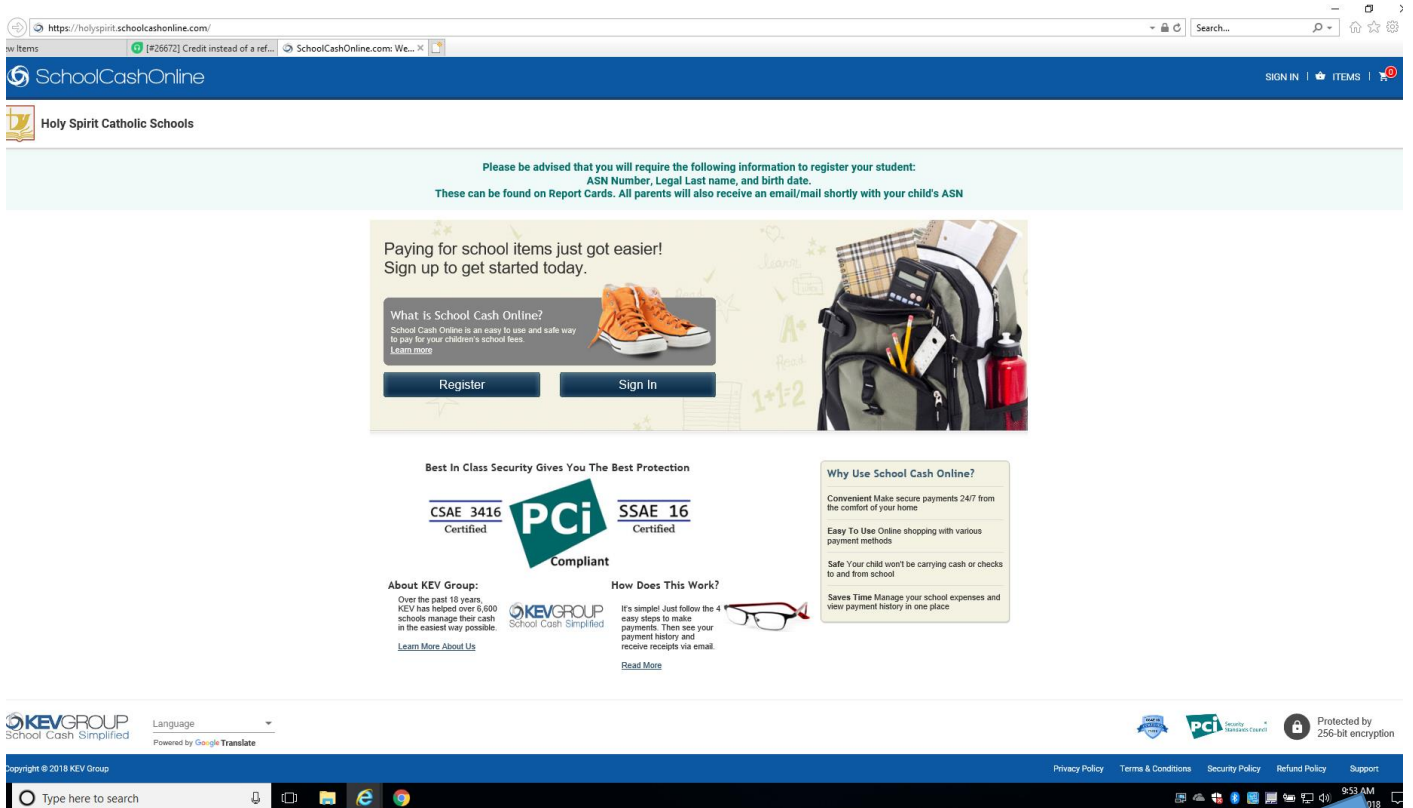
Powered by **KEVGROUP**

Fast, safe, convenient.

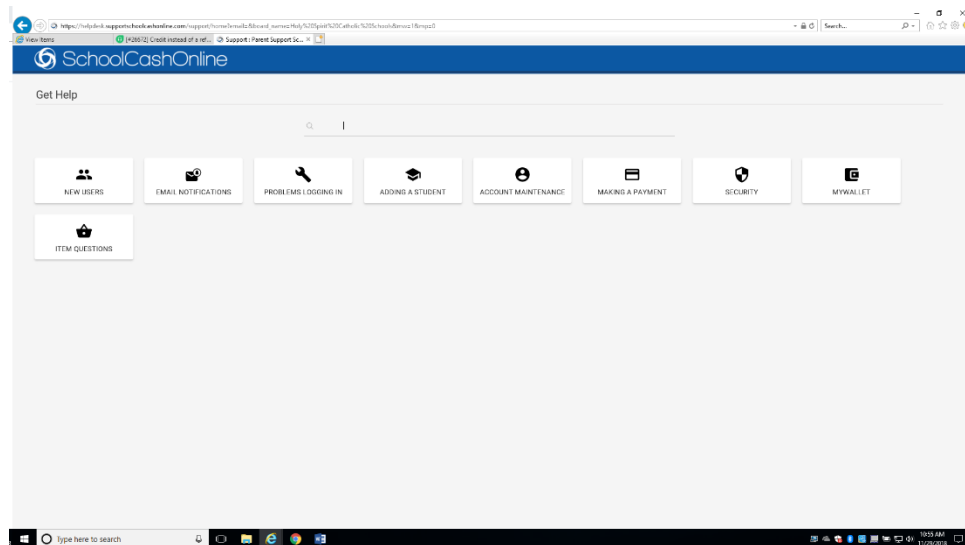
School Cash Online Parent Support

A new feature has been added to facilitate parents receiving help when having issues with School Cash Online.

At the bottom right hand side of the home screen is an option called “Support”



When you click on this option, you will be taken to a new page with various options for you to choose where you require help.



Clicking on any of these options will bring you a page with FAQs regarding this particular option. If one of the FAQs helps you, that's terrific! But, in the event that your question is not answered, you can click on "Contact Us". A form will pop up with you to populate regarding your question.

View Items

Frequently Asked Questions:

- Can I receive an email notification letting me know that there are items to be purchased?
- How often will I receive email notifications?
- I have accidentally unsubscribed from email notifications. How can I re-subscribe ?
- Why am I not receiving email notifications ?

Can't find the answer? [Search again or Contact us](#)

Email Address* Phone Number Hely Spirit Catholic Schools

School Name Subject*

Detail*

(Please include as many details as possible)

ATTACHMENT No file chosen

or Call us at 1.866.961.1803

KEV GROUP
School Cash Simplified

KEV support will contact you to help you. The information that you have filled out in this form assists the KEV technicians in being prepared before they contact you. It ensures that help is provided to you in a timely way. This new process has helped to significantly speed up help time.

Of course, there is still the option of calling the 1-800 number at the bottom of the page.

OFF-CAMPUS NEWS

Listed below are the programs we offer through Off-Campus Education.

We also offer Career, Post-Secondary and Scholarship Information.

We work with CAREERS: The Next Generation who help connect students with jobs.

If you have any questions or would like to know more about any of our programs, please contact us.

Work Experience

Work Experience is a program designed to create an opportunity for students to earn high school credits and experience the World of Work first hand. Students may be in a paid or a volunteer position. Students can earn up to 15 credits towards their High School Diploma. All students **must have** complete the **HCS 3000 Workplace Safety Systems course** before starting work experience and complete the **Off-Campus Work Agreement** form and return it **BEFORE** hours of work will start to be accumulated. Students are responsible for finding their own positions.

Earn while you learn!



Green Certificate Program

This program is a joint endeavor between Alberta Education and Alberta Agriculture and Forestry. Participants learn by actively performing the skills required under the direction of experienced farm personal and provides students with credentials that could lead to a career in agribusiness. Students must complete the AGR3000 Agriculture Safety course before starting the course.

Students can earn up to 16 credits towards their High School Diploma . There are 11 different specializations to choose from. Go to : <https://lethbridgecollege.ca/green-certificate> for more information.



Registered Apprenticeship Program (RAP)

This program provides senior high school students the opportunity to earn credits in high school and gain on-the-job training that can be applied towards an apprenticeship. Students can earn up to 40 credits towards their High School Diploma. All students **must have** complete the **HCS 3000 Workplace Safety Systems course** before starting the program and be paid at least minimum wage for their work. RAP students will also receive their Apprenticeship Blue Book.

Earn while you learn!



Dual Credit - In Partnership with Olds College and Lethbridge College

Dual Credit courses are an opportunity for high school students to explore career pathways, post-secondary opportunities, get a head start on post-secondary diploma programs and ease transition from high school to post-secondary while still enrolled in high school. Students will earn credits in both high school & post-secondary at the same time. There are no tuition fees for post-secondary courses completed during high school.



Special Projects

Special Projects are projects that students can pursue in which they have considerable interest or ability but which are not within the scope of the regular curriculum. Students can earn up to 15 credits towards their Diploma.



Mr. Boschee will be at St. Michael's on Mondays.

Your Off-Campus Team

Mark Boschee - Off-Campus Coordinator Cell: 587-220-4258 or Email: boscheem@holyspirit.ab.ca

Wendy Gurr - Career Practitioner - 403-327-4596 Ext 312 or Email: gurrw@holyspirit.ab.ca





Welcome Back!

HELLO AND WELCOME TO THE NEW SCHOOL YEAR!

The Holy Spirit School Division has created a new mental health and wellness initiative for the school communities. This team is comprised of Billy Woitte and Emily Williston, and is called the (I)SWAG - (Indigenous) Student Wellness Access Guides - our focus is on helping our students and their families find the right supports for them in the community, providing further education and knowledge gaining for parents on mental health concerns the child may be experiencing and how they can help them work through these issues, as well as initiating an Artist in Residency program that will place emphasis on the benefits of art on healing within the schools.

Please stay tuned for further information on the parent presentation topics and benefits of attending these presentations (...prizes and food!...), dates and times will be released in the October newsletter!

We look forward to meeting you all and working together to create a year full of learning, connecting, and community!

Best wishes,
Your local (I)SWAG, Billy Woitte and Emily Williston
#StrongerTogether

HOLY SPIRIT **SMBI** 2023-2024 SCHOOL YEAR CALENDAR

Aug 30 First day for staff
Aug 30 Opening Mass

O – 2
I – 0

AUGUST '23						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

SEPTEMBER '23

S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Sept 4 Labour Day
Sept 5 First day for students
Sept 22 School PD Day
Sept 27 Div. Board Meeting
Sept 30 National Day for Truth and Reconciliation

O – 20 (22)
I – 18

Oct 6 Non-operational day
Oct 9 Thanksgiving Day
Oct 23 Div. PD Day
Oct 25 Div. Board Meeting

O – 20 (42)
I – 19 (37)

OCTOBER '23						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

NOVEMBER '23

S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

Nov 9 Non-operational day
Nov 10 Day in lieu of Nov 11
Nov 11 Remembrance Day
Nov 22 Div. Board Meeting

O – 20 (62)
I – 20 (57)

Dec 8 School PD Day
Dec 15 Non-operational day
Dec 20 Div. Board Meeting
Dec 21 Last day before break
Dec 22 Non-operational day
Dec 23-31 Christmas break
Dec 25 Christmas Day
Dec 26 Boxing Day

O – 14 (76)
I – 13 (70)

DECEMBER '23						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

JANUARY '24

S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Jan 1 New Year's Day
Jan 2-7 Christmas break
Jan 8 First day after break
Jan 12 Non-operational day
Jan 19 Non-operational day
Jan 24 Div. Board Meeting
Jan 26 School PD Day

O – 15 (91)
I – 15 (85)

Feb 19 Family Day
Feb 20 Day in lieu of Sept 30 for support staff
Feb 20 & 21 Unassigned time for teachers
Feb 22 & 23 SWATCA
Feb 28 Div. Board Meeting

O – 20 (111)
I – 16 (101)

FEBRUARY '24						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

MARCH '24

S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Mar 11 Div. Collab. Day
Mar 15 School PD Day
Mar 27 Div. Board Meeting
Mar 28 Last day before Easter break
Mar 29 Good Friday
Mar 31 Easter Sunday

O – 20 (131)
I – 18 (119)

Apr 1-7 Easter break
Apr 8 First day after break
Apr 24 Div. Board Meeting
Apr 26 Non-operational day

O – 16 (147)
I – 16 (135)

APRIL '24						
S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

MAY '24

S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

May 17 School PD Day
May 20 Victoria Day
May 22 Div. Board Meeting
May 24 Non-operational day
May 27 Spiritual Dev. Day
May 31 Non-operational day

O – 20 (167)
I – 18 (153)

Jun 7 Non-operational day
Jun 14 Non-operational day
Jun 21 School PD Day
Jun 26 Div. Board Meeting
Jun 27 Last day students
Jun 28 Last day for teachers

O – 18 (185)
I – 16 (169)

JUNE '24						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

JULY '24

S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Non-operational Day (No staff/students)
No students
Stat Holidays
School PD/Div. PD/Spiritual Dev./Collab. Days
Div. Board Meetings
First and last days for students
First and last days for teachers

September

Build! Pilgrims of Hope



“...if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday.”

Isaiah 58:10

St. Vincent de Paul 1581-1660 (Feast Day: September 27)

St. Vincent de Paul was born in France in 1581, and lived in the countryside with his family until the age of 15, when he entered the seminary to train as a priest. He didn't start out intending to become a great saint; in fact, it took him quite a while to figure out how to really live out his vocation. Over time, his heart was changed and became more compassionate towards the poor. Once he began working simply to respond to the basic needs of those around him from a Christian stance, his work blossomed. He worked with the *Daughters of Charity*, a group of lay women who worked extensively with the poor and sick. They collected donations for distribution that created homes for abandoned children, a hospice for the elderly, and freed galley slaves.

He can be a great model for us in our daily lives then, if we are struggling to determine our vocation or to find ways to contribute to the common good. In all of his endeavours, St. Vincent de Paul started by recognizing and promoting the dignity of those around him. This legacy lives on today, in the *Society of St. Vincent de Paul*, founded in 1833 by his followers. This Catholic society is open to all who want to love and serve their neighbour. In Canada the [Society of St. Vincent de Paul](#) serves more than 350,000 people each year.



“Building” In Our Schools

This year, the call in our Holy Spirit Catholic School Division Faith Plan is to *Build!* Last year, there were so many ways in which students and staff in our schools showed how to *Arise* in our faith, and we are looking forward to sharing the different ideas that schools have around “building” over the course of this year.

One project that we are all contributing to this year is raising funds to assist in the building of St. Odilia's School in Zambia. You can find out more about this school [here](#); please consider how you might be able to help us with this project!

Corporal Works of Mercy

— Shelter the Homeless —

Speaking in Washington, D.C. in 2015, Pope Francis said:

I can imagine Joseph, with his wife about to have a child, with no shelter, no home, no place to stay. The Son of God came into this world as a homeless person. The Son of God knew what it was to start life without a roof over his head. We can imagine what Joseph must have been thinking. How is it that the Son of God has no home? Why are we homeless, why don't we have housing? These are questions which many of you may ask, and do ask, every day. Like Saint Joseph, you may ask: Why are we homeless, without a place to live? And those of us who do have a home, a roof over our heads, would also do well to ask: Why do these, our brothers and sisters, have no place to live? Why are these brothers and sisters of ours homeless?

People experience homelessness for many different reasons. Our faith encourages us to reach out and encounter those without the stability of a home, affirming their human dignity, and assisting them in seeking solutions to the challenges they face.

What might some practical suggestions be?

- help elderly neighbours care for their homes and do repairs
- support and/or volunteer at a homeless shelter
- support and/or volunteer for charitable agencies who care for the homeless, build homes, and provide support in the wake of natural disasters
- consider becoming a foster parent

Dignity of the Human Person

Through the course of this year, we will look each month at one of the Catholic Social Teachings. The aim of Catholic Social Teaching is to shine the light of the Gospel on our contemporary world, allowing us as disciples of Christ to look at the world around us with new eyes, and to take action.

All of the Catholic Social Teachings are rooted in the inherent dignity of the human person, created in the image and likeness of God. Our belief in the sanctity of human life and inherent dignity are the foundation of our moral vision for society. As the Catechism of the Catholic Church notes:

“Being in the image of God the human individual possesses the dignity of a person, who is not just something, but someone.”

Consider the following questions in your reflection:

- How strong is your belief in your own human dignity?
- When you interact with family members and friends, can you honour and reverence the dignity of each person?
- Are there some people whose dignity you find challenging to uphold? How could you pray about overcoming these obstacles?

Learn more through one or more of these videos:

Catholic Social Teaching 101 - [Life and Dignity of the Human Person](#)

Duquesne University - [Human Dignity in the Catholic Tradition](#)

Caritas Australia - [Dignity of the Human Person](#)

FORMED - Symbolon Episode 9: [Building a Civilization of Love](#)

FORMED - Symbolon Episode 10:

[Protecting the Dignity of the Human Person](#)

“If we are faithful to God, we will lack nothing.”

- St. Vincent de Paul



Gospel Readings

September 3, 2023

22nd Sunday in Ordinary Time

Gospel Reading: Matthew 16:21-27

“...You are thinking not as God does, but as human beings do.” — Matthew 16:23

If you had to leave your house in a hurry, what five things would you take? What if you only had time to take just one of them? What would be the most important thing to save? In our Gospel today, St. Peter tries to stop Jesus from going into danger. He has decided that Jesus' life is the most important thing to save. But Jesus knows that saving his own life isn't the most important thing. He knows that eventually some people will kill him for speaking the truth, speaking out against injustice, and loving everyone, even those whom others don't think are worthy of love. But Jesus is willing to die rather than change the way he lives, and he knows that God can make new life come out of death.

Have you ever experienced a difficult situation only to find out later that God had a plan to use that for your good?

*For where your
treasure is,
there your heart will
be also.*

- Matthew 6:21

Prayer:

Lord, when I am struggling, help me to trust that you know what's best and you will use all things for my good, even those that are painful right now.

September 10, 2023

23rd Sunday in Ordinary Time

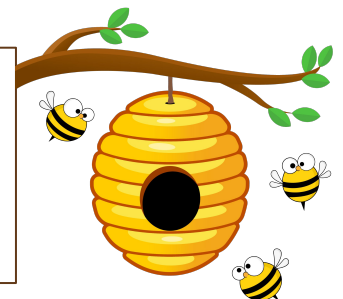
Gospel Reading: Matthew 18:15-20

“For where two or three are gathered together in my name, there am I in the midst of them.” — Matthew 18:20

When we discover someone is doing something wrong, how do we respond? Do we go to him and try to help him improve? Do we talk about him behind his back? Do we just ignore what he's doing and let him get into deeper trouble?

In our Gospel today, Jesus shows us that we have a responsibility to help each other improve. That's hard to do because our good intentions might be seen as butting in when it's not our business. But Jesus reminds us that he will be with us and wants us to care enough to make a difference in other people's lives. If we ask for his help, he will give us the right words to use. We must always speak the truth in love.

Discuss together what loving words you can use to help someone get back on the path to God. Consider times when you were corrected by someone and how you felt.



Pleasant words are like a
honeycomb, sweetness to the
soul and health to the body.
Proverbs 16:24

Prayer:

Please, dear Jesus, increase in me your gifts of courage and humility so that I may give and take constructive criticism with an open and loving heart.

Download this month's [Saint Prayer Card](#) - St. Vincent de Paul



[Home Page](#)

Gospel Readings

September 17, 2023

24th Sunday in Ordinary Time

Gospel Reading: Matthew 18:21-35

"Lord, if my brother sins against me, how often must I forgive him?" — Matthew 18:21

When someone hurts us, it's very common to want revenge. We often feel it's unfair if that person does not experience the same hurt inflicted on us.

In our Gospel today, Jesus tells us that his way is different. Instead of looking for ways to get back at someone, we should remember that Jesus forgave us even when we didn't deserve it. Just before Jesus died on the cross, he said to his Father "Forgive them, for they know not what they are doing." What an example He gave us! Even in the midst of suffering like a criminal, even though he was completely innocent, he forgave not only those who inflicted the pain that day but all people throughout the ages—even us. So, are we to forgive only once in a while? Jesus said there is no limit to the amount of times we should forgive others. For surely he didn't limit his forgiveness of us!

Pray today for people in prison and those who have been hurt by their crimes.



Prayer:

Lord, it's hard to forgive when I experience injustice. Only with your help can I imitate your great love. Come to me when I need to forgive someone, dear Jesus.

Matthew 18:21-22

September 24, 2023

25th Sunday in Ordinary Time

Gospel Reading: Matthew 20:1-16

"Thus, the last will be first, and the first will be last." — Matthew 20:16

In the Gospel today, we hear a parable about a landowner who pays all his workers the same amount of money, even though they did not all work the same amount of time. We may wonder why Jesus seems to be okay with that— isn't it unfair?

I remember when my son made the basketball team in junior high. Every day after school he and his teammates practiced for two hours. One day, a new student came to his school. The coach wanted him to feel welcome so he made him the starter for the next game. Without doing all the work the rest of the team had done, he received the same reward. Do you think that was fair? The team DID NOT! The following year my son started high school and his art and music teachers gave him opportunities to shine. He had natural talent in these areas, but so did other students. Was it fair? Perhaps the Gospel message is that instead of measuring our blessings against what others get, we should appreciate the many ways we are blessed.

Have you ever been jealous of someone else's success? Remember, God loves us all... in different ways!



Prayer:

Lord, please help me to appreciate your gifts, even if things seem unfair at times. Give me the patience to wait and see what generous ways you love me.

Sources:

[St. Vincent de Paul](#)

[Human Dignity: The Cornerstone of Catholic Social Teaching](#)

Image: [Beehive Hanging On A Tree Branch](#)



Lethbridge & District 4-H Clubs are looking for new members to join their clubs this fall!!

4-H IS A YOUTH DEVELOPMENT PROGRAM WITH A LONG, RICH HISTORY IN ALBERTA AND AROUND THE WORLD.

**LOOKING FOR MEMBERS 9 – 20 YEARS OF AGE
SOME CLUBS OFFER THE CLEAVER KIDS PROGRAM - 6 - 8 YEARS OF AGE
NO EXPERIENCE REQUIRED**

4-H is a dynamic program whose projects encompass everything from active living, arts, science and technology, crafts, cooking, agriculture and so much more!

The 4-H program gives **URBAN** and **RURAL** youth and adults life-long skills such as co-operation, leadership, interpersonal relations, critical thinking, decision making, organization, public speaking and community service.

Check out the 4-H website for more information – www.4hab.com

Contact one of the clubs in the Lethbridge District

Green Acres Dairy 4-H Club – greenacresdairy4h@gmail.com – Toby Kleinsasser
Project: dairy

Lethbridge Coaldale 4-H Beef – 1daniels@telus.net or call/text 403-308-7191 – Kim Daniels
Project: beef

Lethbridge Northern 4-H Beef - treenavh@gmx.com – Treena Van Hierden
Project: beef

Readymade 4-H Multi Club - readymade4hclub@gmail.com – David Hodge
Projects: beef, sheep, arts, crafts, cats, shooting sports

TNT 4-H Multi Club – melanie.daniels84@gmail.com or 403-635-0564 – Melanie Daniels
Projects: pheasants, crafts, foods, wood turning, shooting sports, fishing & more

Turin 4-H Club – turinalberta4H@gmail.com or 403-360-4808 – Chelsea Nieboer
Projects: sheep, beef, sewing

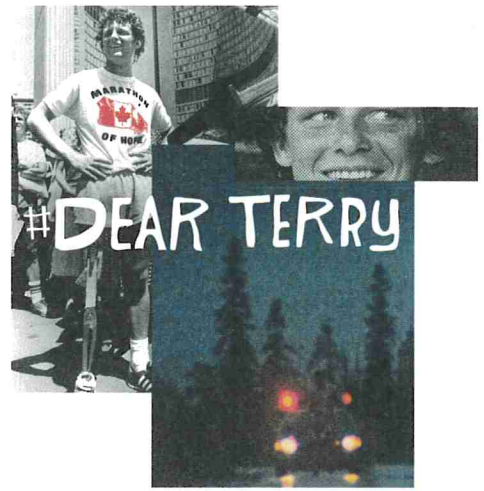
Wild n Woolly 4-H – www.sheep@gmail.com or 403-634-7297 – Marina Grant
Project: sheep



Learn To Do By Doing



2023 TERRY FOX SCHOOL RUN



Student's Full Name _____

School Name _____

Rm _____

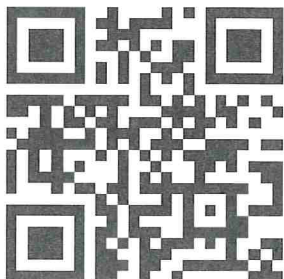
City _____

Site# _____

Use this form for donors wishing to receive tax receipts for cash, cheque or internal school "cashonline" donations. Donations of \$20 or more are automatically receipted. Cheques should be made payable to Terry Fox Foundation. Do not use this form for any donations made online directly to terryfoxschoolrun.org as they are receipted automatically by email in their donation process.

NAME: John Smith		TEL: 123 456-7890		\$40.00	<input type="checkbox"/> CASH <input checked="" type="checkbox"/> CHEQUE <input type="checkbox"/> OTHER <small>(internal school "cashonline")</small>
APT: 301	ADDRESS: 34 Every Street	CITY: Everytown	POSTAL CODE: L 0 L 1 L 0		
Full mailing address required for tax receipt EMAIL: johnsmith@gmail.com					
PROV: _____					

NAME: _____		TEL: _____		\$	<input type="checkbox"/> CASH <input type="checkbox"/> CHEQUE <input type="checkbox"/> OTHER <small>(internal school "cashonline")</small>
APT: _____	ADDRESS: _____	CITY: _____	POSTAL CODE: _____		
Full mailing address required for tax receipt EMAIL: _____					
NAME: _____		TEL: _____		\$	<input type="checkbox"/> CASH <input type="checkbox"/> CHEQUE <input type="checkbox"/> OTHER <small>(internal school "cashonline")</small>
APT: _____	ADDRESS: _____	CITY: _____	POSTAL CODE: _____		
Full mailing address required for tax receipt EMAIL: _____					
NAME: _____		TEL: _____		\$	<input type="checkbox"/> CASH <input type="checkbox"/> CHEQUE <input type="checkbox"/> OTHER <small>(internal school "cashonline")</small>
APT: _____	ADDRESS: _____	CITY: _____	POSTAL CODE: _____		
Full mailing address required for tax receipt EMAIL: _____					
NAME: _____		TEL: _____		\$	<input type="checkbox"/> CASH <input type="checkbox"/> CHEQUE <input type="checkbox"/> OTHER <small>(internal school "cashonline")</small>
APT: _____	ADDRESS: _____	CITY: _____	POSTAL CODE: _____		
Full mailing address required for tax receipt EMAIL: _____					
NAME: _____		TEL: _____		\$	<input type="checkbox"/> CASH <input type="checkbox"/> CHEQUE <input type="checkbox"/> OTHER <small>(internal school "cashonline")</small>
APT: _____	ADDRESS: _____	CITY: _____	POSTAL CODE: _____		
Full mailing address required for tax receipt EMAIL: _____					
NAME: _____		TEL: _____		\$	<input type="checkbox"/> CASH <input type="checkbox"/> CHEQUE <input type="checkbox"/> OTHER <small>(internal school "cashonline")</small>
APT: _____	ADDRESS: _____	CITY: _____	POSTAL CODE: _____		
Full mailing address required for tax receipt EMAIL: _____					
NAME: _____		TEL: _____		\$	<input type="checkbox"/> CASH <input type="checkbox"/> CHEQUE <input type="checkbox"/> OTHER <small>(internal school "cashonline")</small>
APT: _____	ADDRESS: _____	CITY: _____	POSTAL CODE: _____		
Full mailing address required for tax receipt EMAIL: _____					
NAME: _____		TEL: _____		\$	<input type="checkbox"/> CASH <input type="checkbox"/> CHEQUE <input type="checkbox"/> OTHER <small>(internal school "cashonline")</small>
APT: _____	ADDRESS: _____	CITY: _____	POSTAL CODE: _____		
Full mailing address required for tax receipt EMAIL: _____					
NAME: _____		TEL: _____		\$	<input type="checkbox"/> CASH <input type="checkbox"/> CHEQUE <input type="checkbox"/> OTHER <small>(internal school "cashonline")</small>
APT: _____	ADDRESS: _____	CITY: _____	POSTAL CODE: _____		
Full mailing address required for tax receipt EMAIL: _____					
NAME: _____		TEL: _____		\$	<input type="checkbox"/> CASH <input type="checkbox"/> CHEQUE <input type="checkbox"/> OTHER <small>(internal school "cashonline")</small>
APT: _____	ADDRESS: _____	CITY: _____	POSTAL CODE: _____		
Full mailing address required for tax receipt EMAIL: _____					



SCAN THIS QR CODE TO
HELP YOU FUNDRAISE
ONLINE AND SET UP A
STUDENT PAGE.

GRAND TOTAL

\$

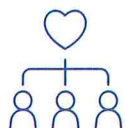
WELL
DONE!

HOW CAN SOMEONE DONATE TO ME?



DIRECTLY TO MY SCHOOL ONLINE

Donors can go to terryfoxschoolrun.org to find a school name and enter their donation. Receipts are emailed to donors right away.



DIRECTLY TO MY PERSONAL ONLINE FUNDRAISING PAGE

Find your school name at terryfoxschoolrun.org and click "Set Up A Student/Classroom Page". Have fun uploading personal pics, videos or messages to share with friends and family. You can even set a goal and achieve fun "Try like Terry" badges.

Share your link with friends and family to get your fundraising going.

Students that set up an online fundraising page and collect donations will be automatically entered into a draw to win a bike. (one random winner per region will be drawn on Tuesday, October 31, 2023)



BY CHEQUE OR CASH USING THIS PLEDGE SHEET

Stay safe and follow your school and parent instructions when collecting donations with a pledge sheet.

WHY WE NEED YOU

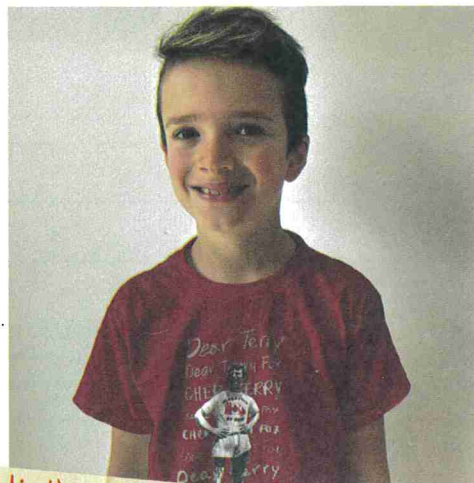
Donations support high-impact research through the Terry Fox Research Institute that makes the greatest difference where it matters most – in the lives of patients.

We fund the top 5% of Canadian researchers and their science studying many different types of cancers, such as...

LUNG CANCER
BREAST CANCER
OVARIAN CANCER
COLORECTAL CANCER

PEDIATRIC CANCER
PROSTATE CANCER
BRAIN CANCER
BLOOD CANCERS

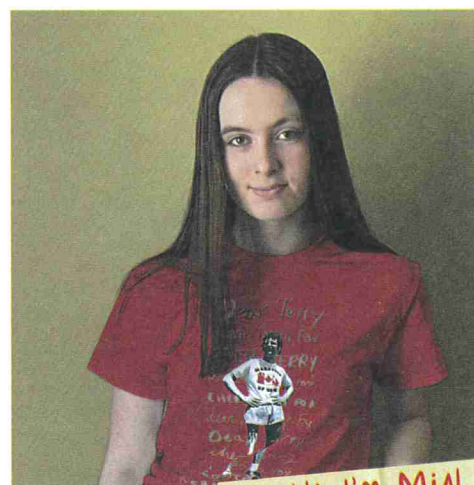
2023 TERRY FOX SCHOOL RUN AMBASSADORS



Hi, I'm CALVIN!

I love sports! I play baseball, basketball, hockey, bike, skiing, swimming and water skiing. I have a loving and fluffy Portuguese Water dog, named Darwin. I am also a cancer survivor. I was diagnosed with Acute Lymphoblastic Leukemia at the age of 5 and I'm doing great now.

I think Terry Fox was very brave. He's even inspired me to want to be a doctor or scientist when I grow up so that I can help others just like he did.



Hi, I'm Mia!

I love dancing! I also enjoy swimming and going to watch live shows, such as concerts or plays.

I'm also a cancer survivor. When I was 2 years old, I was diagnosed with Acute Lymphoblastic Leukemia. I spent a lot of time in hospital but not anymore! Terry's story inspires me to enjoy the positive aspects of life more. He never stopped fighting and neither should we.