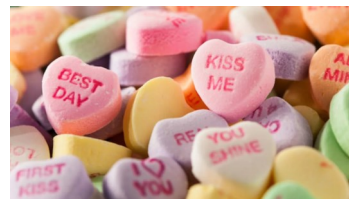




St. Michael the Archangel
Our Angel of Protection

St. Michael's School February 2024

"A Community of Faith Devoted to Students"



Growing Great Kids

Congratulations to Elody Weatherhead who won the Medicine Hat Mall gift card at our January Birthday Assembly. Elody was recognized for looking after Miss Crooymans' wellness by giving her a granola bar. Good job!

We would like to thank the Conquerville Community Hall for donating these monthly gift cards and their continued support of St. Michael's School.

BLUE & WHITE DAY

FEBRUARY 1ST

Wear your school colors.

Sr. High Basketball



We are excited to let everyone know that two of our Grade 12 students will, Jake Van Roessel and Aidan Van Tryp, will be travelling to Nova Scotia with the St. Mary's Celtics, Taber between February 4 and 11. They are competing in the New Waterford Coal Bowl Classic in Cape Breton, NS along with teams from Nova Scotia, New Brunswick, Prince Edward Island, Quebec and 2 other teams from Alberta. We will be sending them off with a pep rally on Thursday, February 1 at 10:45. We wish them great competition and we're sure they will make many memories. Good Luck!

Messaging

Please see the attachments from the School Division with regards to messaging and communication.

AR Program

We currently have 47 out of 55 students participating in the AR program. The school average is 82.4%. Keep up the good work.

Semester II

Semester 2 begins Thursday, February 1.

Hot Lunches

We are happy to support local businesses with our Hot Lunches. We will now be offering wraps from the Rolling Pin Baker starting this month to the end of the year. Be sure to take a look at the new form and options available. Hot Lunch dates are:

February 1—Hot Dog Day

February 6—Taco in A Bag

February 15—Peter's Pizza

February 27—Rolling Pin Bakery Wraps

Please note, Smoothie options will be available soon through the school. More information to come.



Hat Day

Hat Day is set for Thursday, February 1. Proceeds from Hat Day will be donated to Chalice.

Art Night

Please remember to register for our upcoming Art Night with Erin Biegel on February 7 at 6:00 pm. Everyone is welcome, talent not necessary. Please see the attached poster for more details.

Pancake Breakfast

The Knights of Columbus will be providing a Shrove Tuesday Pancake Breakfast for all students and staff on February 13 at 8:30. We would like to thank the Knights for always looking after us.

Ash Wednesday

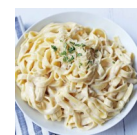
February 14 is Ash Wednesday which is the start of our Lenten season. Father Wojciech will be leading our Ash Wednesday service at 11:00 at the school. Everyone is welcome to attend.

School Council—Submitted by Stephanie Hlady

Thank you for the great turnout for our December meeting with the Superintendent and Chairs of Holy Spirit School Division. My takeaways were that the Division is **NOT** interested in closing our school and is very willing to work with us to ensure our sustainability. To that end, we are pursuing an Early Learning Program. Please attend our February 26th School Council meeting to hear all these details. Our school is largely funded through an inadequate Rural Small Schools Grant. Have you written our MLA and Minister of Education to lobby for more funding? Please see a template for a suggested letter. It would be appreciated if your letters could be sent before our February 23 meeting with the MLA.

Thank you so much to the Auction Committee for an absolutely stellar auction. Our school is so much better because of your efforts!

THE NEXT SCHOOL COUNCIL MEETING IS SET FOR FEBRUARY 26 @5:30. Babysitting is available.



Office Hours

February Office Hours are scheduled for Wednesday, February 28 at 4:30. If you would like an in-person or telephone meeting with your child's teacher, please contact them by February 27 to arrange a time.

Leather Workshop

Our Grade 6/7 class had an opportunity to learn about leather work from experts within our School Division. They were able to make a project that they took home. The Grade 8/9 class as well as the Grade 11/12 class will also get the same opportunity on February 29. We would like to thank Billy Woitte and her team for leading our students with their knowledge and skill

FREE Hot Lunch

School Council will once again be providing our students and staff with a FREE hot lunch on February 29. They will be serving Fettuccine Alfredo with garlic toast, veggies

Tutoring

Please be aware that School Council is providing a tutor FREE of charge for our students. This is available to ALL students including Elementary. For more information, please see the attached poster.

Spring into Reading

A FREE Family Community event is planned for March 20 at St. Michael's School. Please see the attached poster. Bring your family & friends.

February 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Semester 2 Begins BLUE & WHITE DAY & Hat Day Pep Rally 10:45 Hot Dog Day	2	3
4	5	6 Taco In A Bag Day	7 SMILE Time 8:30 Art Night 6:00 pm	8	9	10
11	12	13 Shrove Tuesday Pancake Breakfast 8:30	14 Ash Wednesday Service 11:00	15 SMILE Time 8:30 Peter's Pizza Day	16	17
18	19 Family Day NO SCHOOL	20 NO SCHOOL	21 NO SCHOOL	22 Teachers' Convention NO SCHOOL	23 Teachers' Convention NO SCHOOL	24
25	26 School Council Meeting 5:30	27 Rolling Pin Bakery Wrap Day	28 SMILE Time 8:30 Division Board Meeting	29 School Council FREE Hot Lunch		



St. Michael's School

A Community of Faith Devoted to Students

Family **ART** Night

Wed. Feb. 7 - 6-8 pm

St. Michael's School

All ages welcome!

**Kids must be accompanied
by an adult.**

**RSVP to
(403) 545- 2131**



Free Family Plastercine
Art Night.

*Inspired by Canadian
author & Illustrator
Barbara Reid.*

Led by Erin Stelmaschuk
Biegel.

Door Prize!



**SPRING into Reading
BINGO for Books!**

Free Family Community
Event!

March 20, 2024 @ 6:00pm

St. Michael's School

All ages welcome!

Start the Spring season with a fun evening
winning books for your family to enjoy.

A responsible caregiver must be present at all times.

Popcorn will be provided.

Phone 403-545-2131 for more info.





Holy Spirit Catholic School Division

...where students are cherished and achieve their potential

Dear Holy Spirit Catholic School Division Parents/Guardians,

The Holy Spirit Catholic School Division understands the importance of keeping our school community informed and connected, and wants to ensure that everyone receives the necessary information from both your school and the division in a timely manner. Recently, there have been concerns from some schools and families regarding our messaging, with reports of some families not receiving important emails or texts.

To address this issue, we have compiled a list of tips and potential fixes to ensure that you stay up-to-date with all the information being sent out:

Email:

1. Regularly check your junk/spam folder to ensure emails have not been filtered there.
2. If you are not receiving emails in your regular inbox or spam/junk folders, please contact your school to verify that you have not declined to receive emails by unsubscribing or have been blocked.
3. Ensure your email address is up-to-date and has been provided to the Holy Spirit Catholic School Division.

Text Messaging:

1. When filling out registration forms, ensure that a valid mobile phone number is entered in the mobile phone field on the parent contact form.
2. If you are unsure whether your mobile phone number has been added, please contact your child(s) school(s) to double check and update as necessary.
3. Confirm you have opted in to receive text messages from the schools/division. Please see insert on how to opt in for text messages for your convenience.

In addition, we would like to remind you that all important messages sent out to our Holy Spirit families are normally included on our social media channels (FaceBook, Instagram, Twitter) as well as on the Holy Spirit Catholic School Division website (www.holyspirit.ab.ca).

We hope that these steps provided above help maintain consistent and effective communication between our school community and our families. If you still experience issues after following the tips and information above, please do not hesitate to reach out to your school(s).

Your collaboration is paramount in fostering strong and seamless connections within our schools and division. Thank you.

Sincerely,

Sean Marks, Communications Coordinator
Holy Spirit Catholic School Division



SCHOOLMESSENGER®

Stay Up-To-Date with Our Schools' Communication!

Holy Spirit Catholic School Division is reminding families to ensure you are set up to receive text (SMS) messages from our schools and division. This is one of multiple ways that we send out important messaging to both our families and staff. Please take some time to follow the steps below to ensure you're receiving our text (SMS) messaging.

In addition, for those who have not signed up or utilized our SchoolMessenger App, we've included step-by-step instructions on how to do so. SchoolMessenger helps our parents and families to access important notifications, receive school messages and set your communication preferences.

Text (SMS) Messaging

1) *Did you receive a text from us?*

When a new mobile number is entered by the school, within 24 hours, a text should be sent to that number asking if you would like to subscribe.

Simply respond with your preference:

- Type "Y" or "Yes" to receive messages by text.
- Type "N" or "Stop" if you'd prefer not to receive messages by text. You can do this to unsubscribe at any time.

2) *You haven't received a text and you'd like to?*

You can always subscribe to receive texts from the school by sending a "Y" to **978338**. You will receive a notification that your opt-in is complete if successful.

3) *Do you have a new or different device you'd like to receive texts to?*

First, make sure your child's school has this new number in their system! You should receive a message in 24 hours asking you to respond with a "Y." If you don't, send a "Y" directly to **978338**. You will receive a notification that your opt-in is complete if successful.



**While this service is free, standard message and data rates may apply. Please check with your device's data provider if you have any questions related to charges.*



SchoolMessenger App

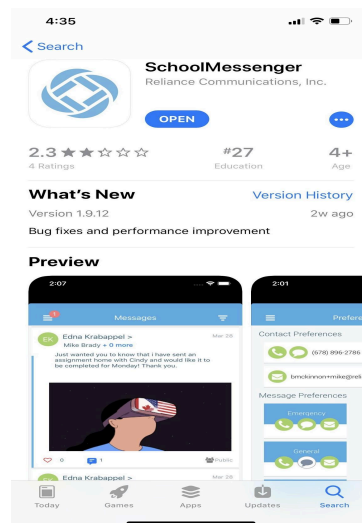
The School Messenger App allows parents to:

- Access important school notifications 24/7/365
- Set your communications preferences for calls, emails, texts, and more
- Receive all kinds of school messages in one single app (classroom and group updates, activity alerts, school and division notifications)
- Review your messages on any device (smartphone, laptop, etc...)

1) Download the School Messenger App:

Go to the GooglePlay or Apple Stores to download "SchoolMessenger" (the version with the blue logo).

You can also download the app, or set up your account, from <http://go.schoolmessenger.com>.



2) Sign up for an account:


Make sure you enter the email address that the school has on file for you. This will allow the app to find all of the students associated with you. Also, make sure you select "Canada" as your location.

Location

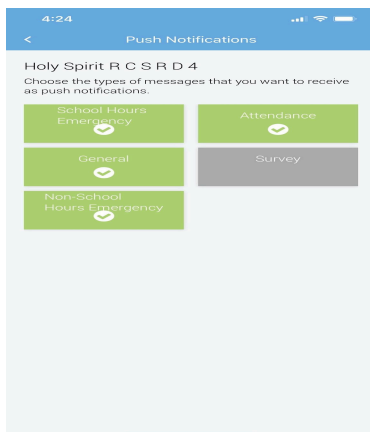
UNITED STATES

CANADA

3) Set your preferences:


When you first log in, click on the  icon in the upper left corner of your screen and select "Preferences." For each category, you can select how you would like to be notified:

- *School Hours Emergency* –For urgent messaging during school hours
- *Non-School Hours Emergency* - For urgent messaging before and after school hours
- *Attendance* – For calls regarding your child's attendance.
- *General* – Day to day information from the school.



4) Enable push notifications:

Even if you turn off most types of notifications (phone, text, email), you can still receive those messages through push notifications on your phone.

To set your push notifications, click on the  icon in the upper left corner of your screen. Select "Settings," then "Push Notifications."

Click on all of those boxes for which you would like to receive push notifications on your device.

Dear Parents/Guardians,

We at the Holy Spirit Catholic School Division are happy to share with you some of the important dates to note for the upcoming 2024/2025 school year, including start/end dates, Christmas Break and Easter Break.

- First day of school - **September 3, 2024**
- Last day of classes before Christmas Break - **December 20, 2024**
- First day back from Christmas Break - **January 6, 2025**
- Last day of classes before Easter Break - **April 17, 2025**
- First day back from Easter Break - **April 28, 2025**
- Last day of school before Summer Break - **June 26, 2025**

A finalized calendar for the 2024/2025 School Year will be made available to all Holy Spirit Catholic School Division families and staff following the May 2024 Board of Trustees Meeting.

Sincerely,

Ken Sampson, Superintendent of Schools

Church/Parish News

Mass Times

Sunday - 9:00 am
Saturday - 5:00 pm

Weekday Masses:

- Tuesday, Wednesday, Friday 9:00 am
- Thursday 7:00 pm

Father Wojcieck will announce any changes to weekday masses on Sunday or you can check the church website at:
<https://stmikesbow.ca/>

Alter Serving Training

Training to become an Alter Server at will be held on Saturday, February 24 at 4:00 p.m. Children who have received or will receive this year, their First Reconciliation and Communion are eligible to become Alter Servers. For more information please contact Christina Remijn at 403-308-4391.

Ash Wednesday

February 14th is Ash Wednesday, which begins the season of Lent. A service will be held at St. Michael's Church at 7:00 p.m. that day.

Confession

Confession will be held the following dates:

March 19—St. Michael's Church, BI
March 20—St. Patricks Church—MH
March 21—Holy Family Church—MH

First Reconciliation & Communion

Meetings are scheduled as follows:

February 9—6:00 pm Church Hall
March 15—6:00 pm Church Hall
April 12—6:00 pm Church Hall
April 26—6:00 pm Church Hall

Please contact Christina Remijn at 403-308-4391 for more information.



1113—1st Street E
Box 56
Bow Island, AB. T0K 0G0
Phone: (403)-545-2023
email: stmikesparish@shaw.ca

Office Hours

Tuesday 3:30 PM - 5:00 PM
Friday 9:00 AM - 2:00 PM

St. Michael's School Council Meeting

Date: Jan 17, 2024

Attendance: Andrea, Japp, Simone, Kim, Stephanie, Jamie, Kevin, Christina, Jill, Elody

Call to Order: 5:36Pm

1A. Opening Prayer and Treaty Acknowledgement

B. Welcome and Introductions

C. Approval of Agenda

D. Approval of last meetings minutes

2A. Student Council Report- Elody- December spirit week, Christmas pj, festive socks, Christmas song karaoke, song bingo. Hot lunch we ate in the gym was awesome! January there will not be much happening, February we will be doing either two different options for valentines

B. Teacher Report- Mrs. Andrea Krauss

- exams will be starting soon

- birthday assembly

- gr 6/7 leather workshop

- good compliments about Christmas concert and completely faith base

- no mini ball yet

C. Presentation from Sheri Thomas-virtual presentation

- mostly developed originally for those that have needs-that is where they get their money for and that is how they run their program

- assessment of kids- PUF (program unit funding) qualified - 6 months from the start of the program

- when a kid is under PUF the \$\$ goes to division not the individual child and that specific program, money gets dispersed to those that need things and salary

- mild moderate funding- assessment done by teacher- more supporting child but does not bring in a lot of funds

- program leader- does not need to be a teacher

- if child is receiving government funding we have to provide the 3 hrs/day 4 days a week no exemptions

- fee paying children- is an option but the charge for parents is huge

- not licenced so we don't fall under the ratio of kids-adults

- enrolment base funding we would not have a program

- any child that has a code- they don't have to pay the government funding covers their cost

- kindergarten and early learning only cover half the costs

BIE- shares kindergarten teacher with an EA, Kindergarten teacher does morning and EA does the afternoon class

- learn and explore is what they call their afternoon class

- \$135/ 3 days a week \$20/afternoon \$375/month

- get bused if have an older sibling at the school in the morning

- Wednesday kindergarten and EA join together

- full time kindergarten but those day they join with JK on tuesday and thursdays

- division should subsidize

- maybe try to be less expensive than BIE

- parent council put funds toward program (different way to change how auction funds are spent)

- screening days- include in community advertising have before April 25

- maybe could include play school with kindergarten on alternating days (can't do this year because down a teacher)

- once a month with Andrea-story time, craft, game, parents come with kids- open up to people in community

- play school in the morning and maybe a JK program in the afternoon

- put out a survey to 3 year olds what they want for next year and survey for 4 year olds what they want for kindergarten-get back by end of Jan beginning of Feb

- Jk/K combine and have Andrea teach but depends on FTA

- have highschool kids and say hi to kids in the afternoons

- Next meeting discuss what type of funding parent council can help with play school

- when kindergarten starts 3 days a week include the play school in a hot lunch

Old Business

2D.Principal & Associate Principal Report-Mr. Kinahan & Mrs. Jill Weatherhead

- dig deeper next month for CIP and AEAM-on website under reports and plans

- no update on pickleball courts- waiting to hear back from secretary

- JR high tutor- Wednesday- has not seen any Jr high students yet, Thursday (SR high)

and there have been an interest and contact

- come at 4 instead of 330

- teachers have pushed the tutor but no bites yet

- do the parents of the kids know? Send out more advertising and on social media- try till

end of February and reassess

- Missoula-talked to Carina at FCSS July 29-Aug 2

- school will put towards food money and finding billets (2)

- Nora offering to take both billets

- food- performance night either Thursday or friday 4pm and 7Pm** revisit next meeting

- give kids a snack, parents responsible for feeding supper

- snacks for audience-cookies and milk

- ask Mrs Polluck if willing to be pianist

- TBD about 4 or 5 day program with it falling on the long weekend

-SGF accounts-been given some direction to clean up some accounts, someone else is coming out and will go through all accounts with admin staff, and will get a better understanding of where money going and what accounts are for- clean up and learning- hopefully sooner then later* talk about in February meeting

- more communication about exams- January 23 is last day of class
- Feb 1 first day back for highschool

E. Chairperson Report- Mrs. Stephanie Hlady

- let report stand

F. Treasurer Report- Mrs. Kim Van Han

- extra add in our community for family night in february
- Kim makes a motion to accept her report as given, Nora seconds
- GIC's- big expense that may come up would if decide to do something with JK program
- Kim makes a motion to reinvest \$10,000 into non redeemable GIC for 12 months, and the remaining \$10, 000 GIC into a redeemable for 90-364 days. Christiana seconds

G. Trustee Report-Mr. Tom Machacek

3. Fundraising Committee- Mrs. Michelle Maclean

- \$39,000 raised from auction

4. Hot Lunch Program-Mrs. Cassandra Kielstra

5. Parish Council Report-Mr. Jaap Remijn

6. Family Events Report-Mrs. Sara Weatherhead

- open gym nights

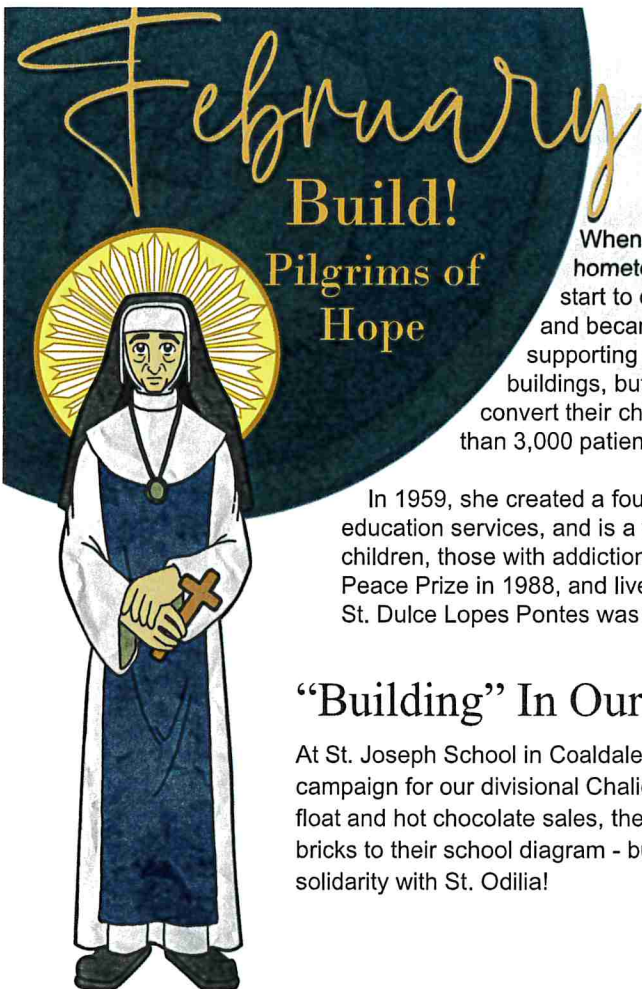
New Business

- any follow up from meeting with superintendent
 - board direct money to school upgrades- but there is a different budget for operational costs
 - we are third in the division for upgrades but \$\$ comes from the province
 - priorities (things that we could try to do to get more students)- stop triple grading, more high school teachers,
 - going below the 55 students- what will happen?
 - moral responsibility, evangelism- get off the topic of enrolment
- does Holy Spirit have someone that facilitates homeschool program?
 - the division tried but never took off
 - kids attached to the division not specific school
 - a way to bring in students

- adopt a teenager- how do we sponsor a family with lots of teenagers-something feasible
- survey- parental responsibilities in Alberta education

Next Meeting-February 26 at 5:30pm

Adjournment 8:16PM



"Jesus went throughout Galilee, teaching in their synagogues and proclaiming the good news of the kingdom and curing every disease and every sickness among the people."

Matthew 4:23

St. Dulce Lopes Pontes 1914-1992 (Feast Day: August 13)

When Maria de Souza Pontes was 13, her aunt took her on a trip to the poor area of her hometown. She was struck by the poverty and need that she encountered, and began to start to care for the homeless in her own neighbourhood. At 18, she joined a missionary order and became known as Dulce. Immediately, she began to serve the neediest in Salvador, supporting workers and housing those in need. Initially, this was done in abandoned homes and buildings, but each time they were evicted. Finally, she asked the permission of the convent to convert their chicken coop - which over time became a hospital. That hospital today serves more than 3,000 patients per day and is the largest free hospital in Brazil.

In 1959, she created a foundation known as OSID, which oversees the hospital, as well as other welfare and education services, and is a well known and respected organization in Brazil. It serves the homeless, elderly, children, those with addictions and disabilities and other marginalized groups. Dulce was nominated for the Nobel Peace Prize in 1988, and lived the last years of her life with respiratory problems prior to her death in 1992. St. Dulce Lopes Pontes was canonized by Pope Francis in 2019, becoming the first Brazilian female saint.

"Building" In Our Schools

At St. Joseph School in Coaldale, their Leadership class is spearheading a fundraising campaign for our divisional Chalice campaign. As they raise funds, through ice cream float and hot chocolate sales, they are visually tracking their contributions by adding bricks to their school diagram - building a school of kindness. What a great way to show solidarity with St. Odilia!



Corporal Works of Mercy — Visit the Sick —

Those who are sick are often forgotten or avoided. In spite of their illness, these individuals still have much to offer to those who take the time to visit and comfort them. Consider one or more of these practical ways to show this work:

- Give blood.
- Take time on a Saturday to stop and visit with an elderly neighbour.
- Next time you make a meal that can be easily frozen, make a double batch and give it to a family in your parish who has a sick loved one.
- Spend quality time with those who are sick or homebound.
- Take the time to call, send a card or an e-mail to someone who is sick.

Pope's Prayer Intentions - For the Terminally Ill

Let us pray that the sick who are in the final stages of life, and their families, receive the necessary medical and human care and accompaniment.



Catholic Social Teaching — Solidarity —

Through the course of this year, we will look each month at one of the Catholic Social Teachings. The aim of Catholic Social Teaching is to shine the light of the Gospel on our contemporary world, allowing us as disciples of Christ to look at the world around us with new eyes, and to take action.

Last month, we looked at the preferential option for the poor and vulnerable. We saw how keenly interested God is in those at the margins. When we act in ways that align with this, recognizing our interdependence, seeing ourselves in others and seeking to secure the good of others, we are showing solidarity. As St. Pope John Paul II wrote,

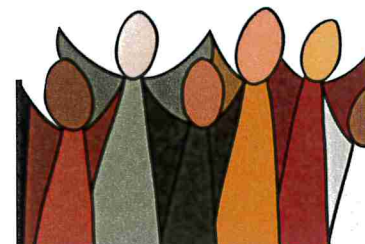
"[Solidarity] is not a feeling of vague compassion or shallow distress at the misfortunes of so many people, both near and far. On the contrary, it is a firm and persevering determination to commit oneself to the common good; that is to say, to the good of all and of each individual, because we are all really responsible for all."

Learn more about Solidarity with one of these resources:

CST 101 - [Solidarity](#)

Development and Peace - [Solidarity](#)

USCCB - [Solidarity](#)



"We are like a pencil with which God writes the texts He wants said in the hearts of men."

(St. Dulce Lopes Pontes)

Gospel Readings

February 4, 2024

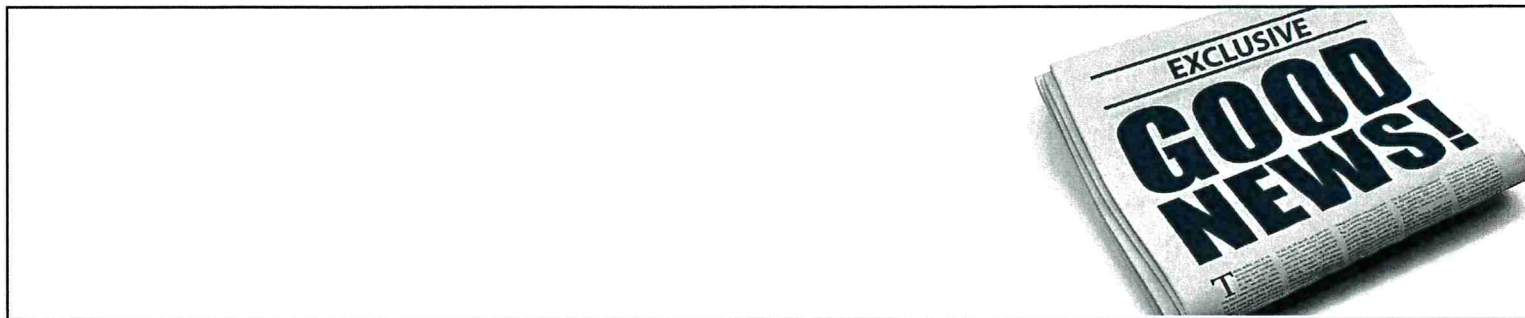
5th Sunday in Ordinary Time

Gospel Reading: Mark 1:29-39

"All this I do for the sake of the gospel, so that I too may have a share in it." — 1 Corinthians 9:23

Do WHAT for the sake of the gospel? In today's scripture verse, we are called to do EVERYTHING for the glory of God. The Gospel tells of Jesus' life and how he tried to please God with all he did and said, the way he loved, the way he treated others, the way he did everything! We too are called to do everything in our lives to live out the Gospel. The word "gospel" means "good news." We want to have a share of this Good News, just like St. Paul did. All we have to do is live the Gospel in our own lives. So listen carefully to the scripture readings at Mass. They will guide you to live for God!

What do you think it would be like to have a share of the Good News?



Prayer:

*Dear Lord, we want to experience your Good News today and be with you in heaven someday!
Please help us to learn what we need to do to have a share in that gift.*

February 11, 2024

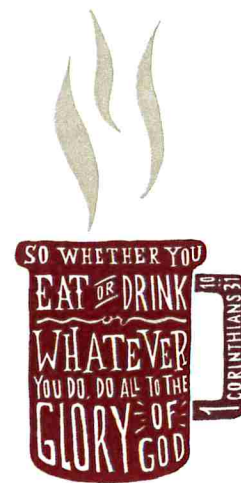
6th Sunday in Ordinary Time

Gospel Reading: Mark 1:40-45

"...Whether you eat or drink, or whatever you do, do everything for the glory of God." — 1 Corinthians 10:31

How could what I eat or drink glorify God? St. Paul reminds us in this reading to remember God and give him glory for all the normal, everyday things we do in our lives. It's easy to forget and take things for granted, but everything is a gift from God. Paul also reminds us to be kind to others in everyday situations. We can make choices like holding the door for others, when all we want to do is get into the place we are going. We can choose to be last in line, allowing others to go before us and offering that as a prayer. These are all small ways we can give glory to God—and show God's love—in our daily lives.

What are some ways you can show glory to God in your life every day?



Prayer:

Dear Lord, I don't always feel like I can do great things to show you my love. Please help me to find small ways every day in my own life to give you glory.

Download this month's [Saint Prayer Card](#) - St. Dulce Lopes Pontes



Gospel Readings

February 18, 2024

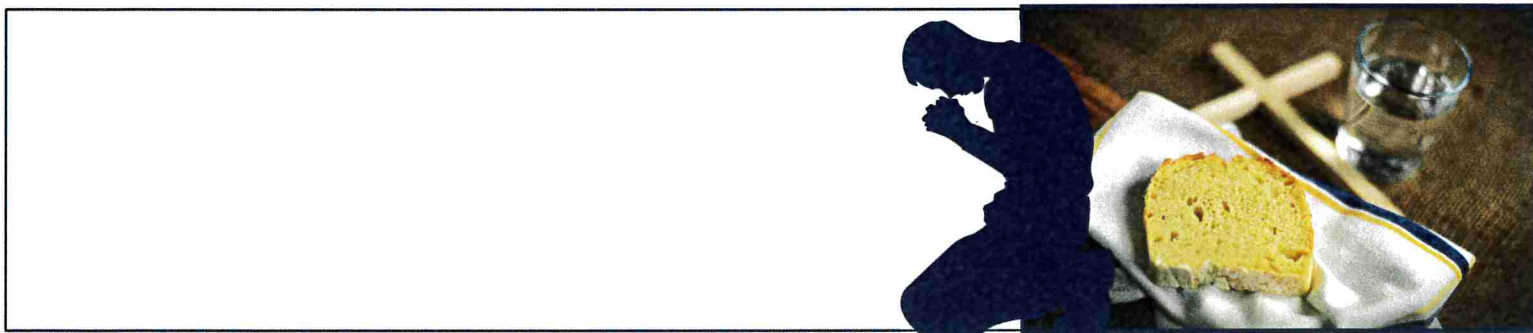
1st Sunday in Lent

Gospel Reading: Mark 1:12-15

"The Spirit drove Jesus out into the desert, and he remained in the desert for forty days, tempted by Satan." — Mark 1:12

Even Jesus was called for forty days to fast and pray. It was not easy for him. Satan was there whispering in his ear to try to get him to stop fasting and walk away from his prayer. He could have done that. He was God. But he chose the harder way. He chose to offer up his discomfort to glorify God and grow closer to him. We too are called to forty days of fasting and praying. We may even be tempted as Jesus was to walk away from the sacrifices. But just as the Spirit gave Jesus the strength to keep going, he will give us what we need to continue and grow closer to him.

What are some ways that you can fight off temptations? What are your favourite ways to pray?



Prayer:

Dear Lord, thank you for giving us the opportunity to join with you in this time of fasting and praying during Lent. Please give us the grace not to give in to temptation.

February 25, 2024

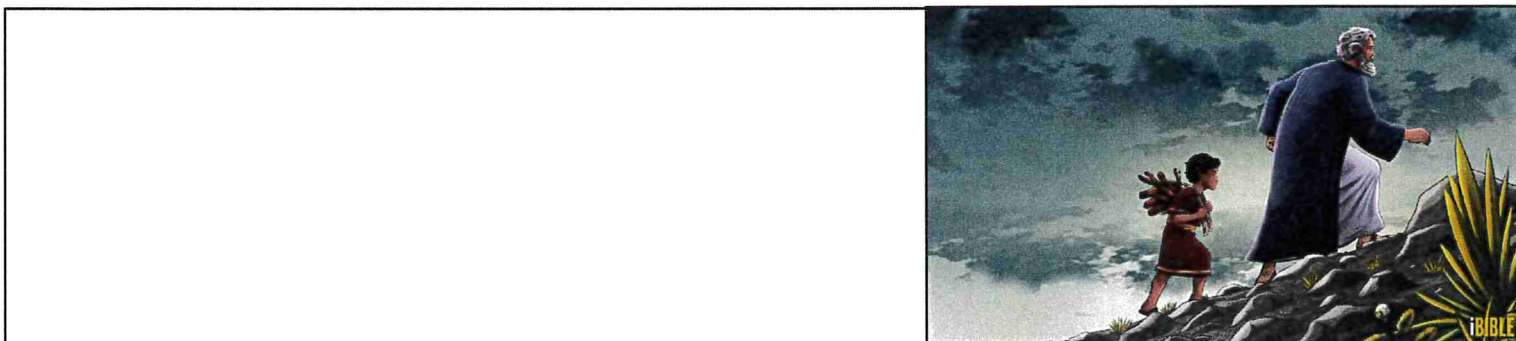
2nd Sunday in Lent

Gospel Reading: Mark 9:2-10

"Then God said: 'Take your son Isaac, your only one, whom you love...there you shall offer him up as a holocaust...'" — Genesis 22:2

Think of the one person you love the most in the world. Is it your mom, dad, a brother or sister? Maybe it's a best friend or a cousin. Can you imagine if you heard God ask you to give them up forever? That would be the hardest thing you'd ever have to do. Yet, in today's scripture, that is what God asks Abraham to do. Abraham is a great example of faith and trust in God. He didn't understand why God wanted him to give up his only son, whom he loved with all his heart. But he trusted in God. In the end, we learn that God didn't want him to give up his son, he just wanted to test Abraham's faith and trust. I think he passed the test, what about you?

Are there things in your life that God may want you to give up that would help you grow closer to him?



Prayer:

Lord, may we learn to have the same faith and trust in you that Abraham had, even when we don't understand your ways.

Sources:

[All about Blessed Dulce Lopes Pontes – the Good Angel of Brazil](#)

[Irmã Dulce](#)

[Dulce Lopes Pontes: From serving the sick to Nobel nominee](#)

[History, Prayer, and Phrases of Saint Dulce of the Poor](#)

Image Source: [The Life of Isaac \(Part Two: The Sacrifice\)](#)

Emily Williston



SWAG
Student Wellness Access Guide
Holy Spirit Catholic School Division
willistone@holyspirit.ab.ca
(403)308-2445

Billy Woitte



ISWAG
Indigenous Student Wellness Access Guide
Holy Spirit Catholic School Division
woitteb@holyspirit.ab.ca
(403)635-2415

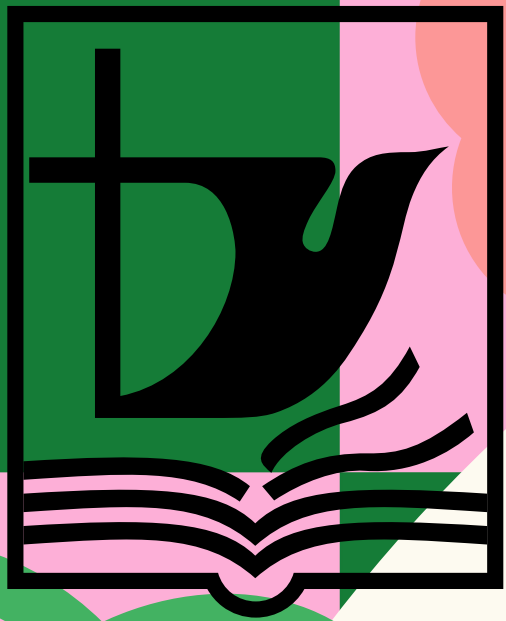
LETHBRIDGE FAMILY SERVICES

Lethbridge Family Services provides highly-accredited health and social services to over 9,000 individuals and families in more than 30 communities in southwestern Alberta. The Outreach and Education team works with individuals, caregivers and professional to facilitate insight, awareness and enhance skills.

This is a **FREE** event

Intended audience: parents, guardians, caregivers, aunts, uncles, grandparents, childcare providers, all school staff, bus drivers, parishoner's





(I)SWAG Presents:

HEALTHY RELATIONSHIPS

Join us as Lethbridge Family Services presents while
you enjoy a complimentary dinner at a night of
exciting learning

Location
Essie's Ballroom

Sandman Signature, 320
Scenic Drive S, Lethbridge AB

February
15

5:30 - 8:00pm

Please RSVP at:

<https://www.surveymonkey.com/r/7R9L8CC>

