



St. Michael the Archangel  
Our Angel of Protection

# St. Michael's School—B.I.

## April 2024

"A Community of Faith Devoted to Students"



### School Art Program

The School Art display is back at the Esplanade from March 23 to June 8. The following students will have their 2D and 3D artwork on display.

Congratulations to Elody Weatherhead, Lucas Thurston, Olivia Nelson, Emily Nelson, Calum MacLean, Grayson Biegel, Meggie Biegel, Nixon Van Ham, Evander Collins, Ade Okoror, Omiose Okoror, Ainoise Okoror, Ryker Collins, Mary Remijn, Catherine Remijn and Ciandra Klassen. Make sure you take the opportunity to see what they have done.

### Altar Servers

We are excited to welcome back altar servers at Sunday morning mass at St.



Michael's Church. Thank you to Catherine Remijn, Brooklynn Weatherhead and Mary Remijn for performing this very important job. Anyone who is Catholic and has received their first holy communion is eligible to serve. If you are interested or would like more information please contact Christina Remijn.

### Badminton



Congratulations to Loki Thacker and Foster Weatherhead who placed 4th in the men's doubles at the LCI badminton tournament on March 16. They will also be playing at the Gershaw County Badminton Tournament in the singles division. They are competing for a spot at zones. Our grade 6 students will also be competing at the tournament although not for zones. Good Luck to all!

### Kindergarten Pictures

Lifetouch will be at the school on Thursday, April 18 to take the Kindergarten Graduation pictures.

### Easter Schedule

#### St. Michael' Church

March 28	7:00 p.m.	Holy Thursday
March 29	3:00 p.m.	Good Friday
March 30	8:00 p.m.	Easter Vigil
March 31	9:00 a.m.	Easter Sunday

**ALL ARE WELCOME!**

### School Clothing

School Clothing is now available to order through our online store. A couple of new items are available for purchase. Please see the attached flyer for more details. The online store closes April 5. The link to the online store is: <https://stmichaels2024.itemorder.com/>

### Green Shirt Day



Green Shirt day in honour of the #Logan Boulet Effect is April 7th which is a Sunday. Please remember to wear your Green Shirts.

### EPIC Day

The Grade 9 students along with Mrs. Weatherhead will be travelling to Lethbridge on April 17 to attend EPIC Day at the Agri Food Hub and Trade Centre at Exhibition Park. This is a hands on experience for students to discover post-secondary opportunities available to them in both academics and the trades.

### AR Program

The AR Program has 48/56 students participating. 569 quizzes out of 631 have been passed giving us an average of 90%. Great Job!

## Growing Great Kids

Congratulations to Westin Wudrich who won the Medicine Hat Mall gift card last month. He was recognized for sharing his crayons with someone who didn't have theirs. Great Job Westin!

The winner of the gift card this month was Samuelle Biegel who blew up 100 balloons for the 100th day of School celebration. Thank you for your help Samuelle. We would like to thank the Conquerville Community Hall for donating the monthly gift cards.

## School Council—Submitted by Stephanie Hlady

I would like to thank all the volunteers who contribute to our flourishing and vibrant school. Every student that walks and skips down the hallways is positively affected by your generosity and thoughtfulness.

Thanks to Mr. Kinahan and Simone Mastel, two exciting grant applications have been submitted. One for a pickleball court and the other for a tower garden.

Please take advantage of the tutoring service School Council is providing free of charge. It is available on Wednesdays and Thursdays after school.

Our next School Council meeting is Monday, April 8 at 5:30 p.m. At this meeting we will hear more about an Early Learning Program, the Division budget and Missoula Theatre. We will also be deciding on the process to determine our budget for next year and whether to pay field trip bills from last fiscal year. I hope to see you there to contribute to the discussion and decisions.

## Spring Celebration

The Grade 1, 2 and 3 students along with Mrs. Alma-North are busy planning a liturgy to welcome Spring. It will be held on April 25 at 12:15 in the school gym. All are welcome to join us.

## MARK YOUR CALENDARS

### SPRING MUSICAL DRAMA PRODUCTION



**MAY 23**

More details will be available in the May newsletter



## Hot Lunches

- \*Popcorn day will be held April 9. Students celebrating an April birthday will receive their free popcorn. Others can purchase a bag that day.
  - \*Peter's Pizza lunch will be held April 11.
  - \*Hot Dog Day is set for April 16. Profits will go toward Chalice.
  - \*The Parent Council FREE hot lunch for all students and staff will be served on Thursday, April 18.
  - \*Rolling Pin Wraps will be served April 23 for those that purchase.
  - \*We have added a "Smoothie Day" which will happen on April 25. Profits will go toward the Bow Island Heath Foundation.
  - \*Taco in a Bag will be served on April 30. Profits will go to Mission Mexico.
- Thank you to everyone for your continued support of our Hot Lunch programs.

## ATTENTION GRADE 9

## PARENTS & STUDENTS

We are planning a Grade 10 Orientation for May. Stay tuned for more information





# April 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 April Fool's Day NO SCHOOL	2 NO SCHOOL	3 NO SCHOOL	4 NO SCHOOL	5 NO SCHOOL School Clothing Order Deadline	6
7 Green Shirt Day	8 School Council Meeting 5:30	9 Popcorn Day	10 S.M.I.L.E. Time	11 Peter's Pizza Day	12	13
14	15	16 Hot Dog Day Birthday Assembly 12:15	17 S.M.I.L.E. Time EPIC Day	18 Kindergarten Grad Pictures PAC FREE Hot Lunch	19	20
21	22	23 Rolling Pin Wraps	24 S.M.I.L.E. Time AMA Patroller Wind-up Office Hours 4:00-5:00 Division Board Meeting	25 Smoothie Day Spring Liturgy 12:15	26 Non-Operational Day No School for students & staff	27
28	29	30 Taco In A Bag				



## St. Michaels School Spirit Wear 2024

You can now purchase your items online in 3 easy steps:

1. Scan the QR code or go online to <https://stmichaels2024.itemorder.com/>
2. Choose your items and add them to your cart
3. Securely checkout with your credit card

Online Store Deadline: Friday April 5th, 2024 (11:59pm MDT)

<b>Gildan Softstyle® T-Shirt</b>  3 Colors <b>\$16.25</b>	<b>Gildan Softstyle® T-Shirt</b>  3 Colors <b>\$16.25</b>	<b>ATC Adult Everyday Fleece Full Zip Hooded Sweatshirt</b>  2 Colors <b>\$42.50</b>	<b>ATC Adult Everyday Fleece Hooded Sweatshirt</b>  3 Colors <b>\$35.25</b>	<b>Atc™ Pro Team Baseball Jersey</b>  2 Colors <b>\$27.50</b>	<b>Atc™ Pro Team Shorts</b>  2 Colors <b>\$29.50</b>
<b>ATC Adult Everyday Fleece Sweatpants</b>  <b>\$29.50</b>	<b>Gildan Youth Softstyle T-Shirt</b>  3 Colors <b>\$16.50</b>	<b>Gildan Youth Softstyle T-Shirt</b>  3 Colors <b>\$16.50</b>	<b>ATC Youth Everyday Fleece Hooded Sweatshirt</b>  3 Colors <b>\$34.75</b>	<b>ATC Youth Everyday Fleece Full Zip Hooded Sweatshirt</b>  2 Colors <b>\$38.50</b>	<b>ATC Youth Pro Team Baseball Jersey</b>  2 Colors <b>\$27.50</b>
<b>Atc™ Pro Team Youth Shorts</b>  2 Colors <b>\$29.50</b>	<b>ATC Youth Everyday Sweatpants</b>  <b>\$17.50</b>	<b>Atc™ Knit Skull Cap</b>  3 Colors <b>\$23.50</b>	<b>Atc™ Mid Profile Twill Youth Cap</b>  3 Colors <b>\$23.50</b>	<b>Atc™ Mid Profile Twill Cap</b>  3 Colors <b>\$23.50</b>	



# OFF-CAMPUS NEWS



## Dual Credit Courses for 2024/2025

Dual Credit is the opportunity for students to take college-level courses while still in high school and earn 5 credits, at a 30 level, towards their high school diploma and 3 credits at the post-secondary level. This is an excellent chance for students to try out a subject, see what college courses are like, and/or get a head start on post-secondary or take a course that just interests them. Holy Spirit School Division pays the tuition cost for the course but students are responsible for purchasing any books or supplies if required.

Contact Mr. Boschee or Mrs. Gurr for more information or to receive a Holy Spirit application form for any of the dual credit courses.

### Lethbridge College Dual Credit Courses

Over 40 different courses are being offered. These courses are delivered online asynchronous with a few courses having on –campus labs held during the course. **Any of the Trades courses: Intro To The Trades, Transportation Trades, Electrical Trades, Construction Trades, or Culinary Trades are held at the College from 9 am to 4 pm for 7 to 9 Fridays over the Fall or Winter semesters.**

For a full list of the courses and descriptions go to <https://lethbridgecollege.ca/programs-and-courses/dual-credit>

**Deadline to apply is June 7, 2024**

**Fall Semester is September 4 to December 6, 2024**

**Winter Semester is January 27 to May 2, 2025**



### Olds College Fall Dual Credit Courses

Accounting Principles 1  
Intro to Veterinary Profession  
Solving Technology Problems  
Leisure, Sporting Events & Recreation Operations  
Marketing Principles  
Introduction to Sports Management  
These courses are all offered asynchronous  
**Deadline to apply is September 11, 2024**  
**Fall Semester is September 25 to December 18, 2024**



### April Virtual Career Sessions

De-Icing Technician– April 23 at 4:30pm

Economist– April 24 at 4:00pm

Phlebotomist– April 25 at 4:00pm

Roofer—April 30 at 5:00pm

Register for one or all of these sessions, or listen to past sessions, at:

<https://careersteps.ca>



### U of L Grade 11 Merit Award

Deadline is **JUNE 30** of your Grade 11 year.

Apply at: <https://www.ulethbridge.ca/future-student/high-school-student-awards>

### The Off-Campus Team

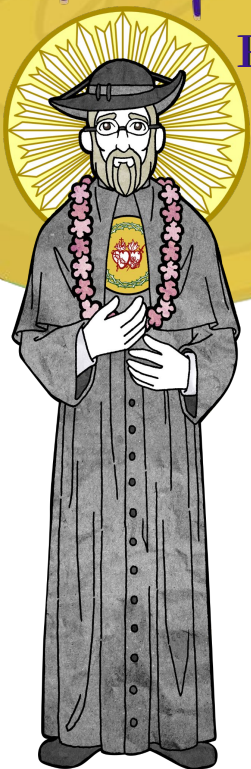
Mark Boschee - Off-Campus Coordinator - Cell: 587-220-4258 or Email: [hsoffcampus@holyspirit.ab.ca](mailto:hsoffcampus@holyspirit.ab.ca)

Wendy Gurr - Career Practitioner - Cell: 403-593-2903 or Email: [hsoffcampus@holyspirit.ab.ca](mailto:hsoffcampus@holyspirit.ab.ca)



# April Build!

## Pilgrims of Hope



*"He stretched out his hand and touched him, saying, 'I do choose. Be made clean!' Immediately his leprosy was cleansed."*

- Matthew 8:3

## St. Damien of Molokai 1840-1889 (Feast Day: May 10)

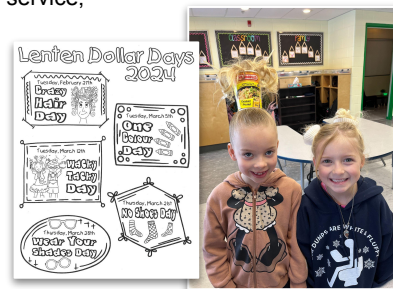
Joseph de Veuser was born into a farming family in Belgium in 1840. His family was very religious; he had an older brother who was also a priest and two sisters who entered religious life. He left school at the age of 13 in order to work on the family farm, but eventually joined the Congregation of the Sacred Hearts of Jesus and Mary at the age of 20. This order was a missionary society that served the Pacific Islands, including Hawaii (which was not a part of the United States at this time). Taking the religious name of Damien, he took the place of his older brother on a mission to Hawaii in 1864.

At this time, Hawaii was struggling with a major health crisis, as newcomers to the islands had brought with them many diseases for which the people had no natural immunity. These included smallpox, cholera, and leprosy. In 1865, the Hawaiian King passed a law which mandated that those with leprosy were to be sent to the island of Molokai. About 8,000 people were eventually sent there over the next five years, but their lives were very challenging there.

It was during this period that Father Damien volunteered to attend to the people who had been sent to Molokai. He worked to build a church, and to improve the state and standard of living for the people there. He saw in each of the people their own human dignity, and served their spiritual needs as well. It was inevitable that by spending so much time in contact with leprosy, that Fr. Damien would also contract the disease. In 1889, after 16 years of service, he died amongst the people for whom he cared so deeply.

## "Building" In Our Schools

At St. Patrick School in Taber, students raised funds during their Lenten Dollar Days. Students donated a dollar to participate in dress-up days, like Crazy Hair Day seen here, with the proceeds going to the Chalice/St. Odilia project.



## Corporal Works of Mercy — Visit the Imprisoned —

Each year on Holy Thursday, as we begin the Triduum, one moving moment in the Mass of the Lord's Supper is where members of the congregation have their feet washed by the parish priest. This recalls Christ washing the feet of his disciples in John 13. In Pope Francis' tenure, he has each year done this as part of celebrating Mass at a local prison. In this, he is demonstrating to them that they are not forgotten, and that they are loved by God. To us, he is showing the importance of visiting those who are imprisoned. People may be imprisoned for many reasons, and without dismissing the suffering caused by those who commit crimes, all people retain their dignity as created in the image and likeness of God.

While it may not always be possible for us to visit actual prisons, we can ensure that we support the prison ministries of our own parishes, to pray for those who are imprisoned, or to write cards or letters that could be sent along to them. We might also stretch our own thinking, and ponder how we can support those who might be imprisoned by isolation, loneliness, fear, anxiety, depression, or hopelessness.

### Pope's Prayer Intentions - For the Role of Women

Let us pray that the dignity and worth of women be recognized in every culture, and for an end to the discrimination they face in various parts of the world.

**For more Information:** [Works of Mercy](#)  
[6th Corporal Works of Mercy: Visit the Imprisoned](#)

## Catholic Social Teaching — Rights and Responsibilities —

Through the course of this year, we will look each month at one of the Catholic Social Teachings. The aim of Catholic Social Teaching is to shine the light of the Gospel on our contemporary world, allowing us as disciples of Christ to look at the world around us with new eyes, and to take action.

The Catholic tradition teaches that human dignity can be protected and a healthy community can be achieved only if human rights are protected and responsibilities are met. Therefore, every person has a fundamental right to life and a right to those things required for human decency. Corresponding to these rights are duties and responsibilities--to one another, to our families, and to the larger society.

Learn more by watching this [video](#).



# Gospel Readings

April 7, 2024

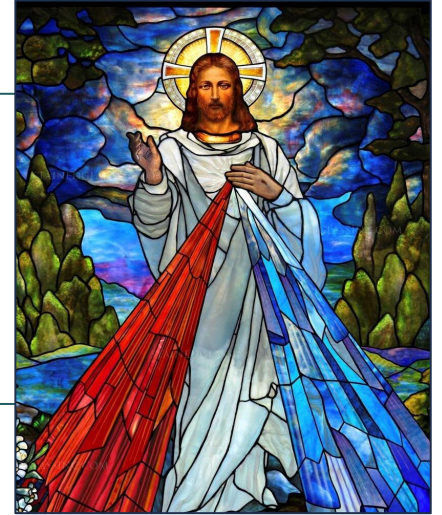
2nd Sunday of Easter/Divine Mercy Sunday

## Gospel Reading: John 20:19-31

“Jesus came and stood in their midst and said to them, ‘Peace be with you.’” — John 20:19

Today in the Church we celebrate Divine Mercy Sunday. It is a day to remember that God is constantly pouring out his mercy to us at every moment of our lives. He isn't always happy with some of the choices we make, or the ways we turn away from him. But he keeps showering us with his love, forgiveness, and mercy, all the time. Today's Gospel reminds us of that mercy. Jesus could have been very upset with the apostles for abandoning and denying him. Instead, he gives them peace. He showers them with love and forgiveness...mercy. We are blessed to have a God who loves us so much!

What are some ways we can show mercy to others?



### Prayer:

*Dear Lord, thank you for loving us more than we can ever understand. Please give us the grace we need to live a life worthy of your gift of mercy.*

April 14, 2024

3rd Sunday of Easter

## Gospel Reading: Luke 24:35-48

“Why are you troubled? And why do questions arise in your hearts? Look at my hands and my feet, that it is I myself. Touch me and see, because a ghost does not have flesh and bones as you can see I have.” — Luke 24:38-39

When we feel alone or unable to handle problems, we often rely on our own strength. But Jesus wants us to return to him with all our heart and find the strength we need in HIM. The wounds he shows us in today's gospel remind us that he would do anything to help us. It's hard to let go because we want to be in control and do things our way. Sometimes we must be quiet to hear Jesus answer us and give us the love that will build our trust in him.

Are there times when you've turned to God and found comfort?  
Share these times with your family.



### Prayer:

*Dear Lord, sometimes when I am troubled, it is easier to feel sorry for myself and turn to comforts instead of you. Please give me the desire I need to turn to you in those times to receive your great love and compassion.*

Download this month's [Saint Prayer Card](#) - St. Damien of Molokai  
[Saint Prayer Card](#) (black and white version for colouring)



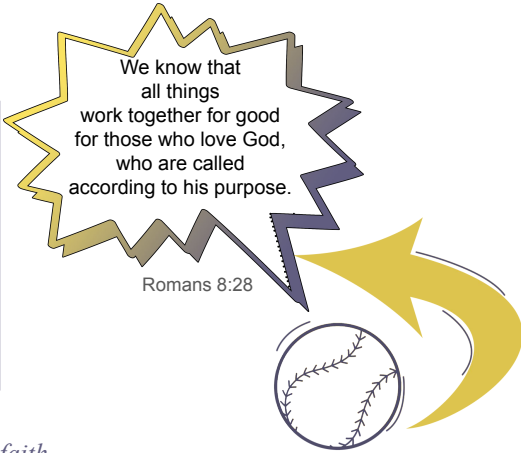
# Gospel Readings

## Gospel Reading: John 10:11-18

“He is the stone rejected by you, the builders, which has become the cornerstone.” — Acts 4:11

Life has a way of throwing us many curve balls. We think one thing is going to happen, and in the next moment it has gone exactly the opposite way. When we walk with the Lord these things can happen, too. Things look one way on the surface, but underneath God’s plan is bigger than what our own eyes can see. He often takes bad things and makes good out of them, if we allow him to. Jesus was a great example of this. His life looked like a failure. He came to spread love and forgiveness and was killed for it. But his death and resurrection became the foundation of the Church we are a part of over 2000 years later. Our God is amazing!

Can you remember a time when something seemed to turn out wrong, but later you realized that God’s plan was even better than what you had in mind?



### Prayer:

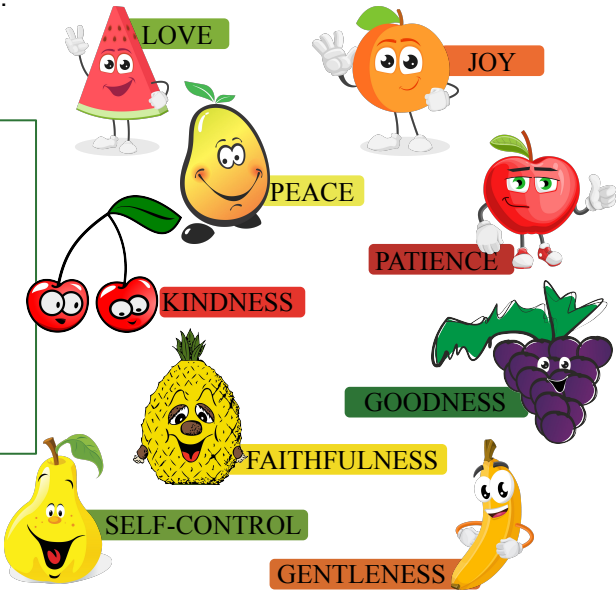
Lord, thank you for always having the “big picture,” beyond what our eyes can see. Give us the faith to always trust in your plan for our lives.

## Gospel Reading: John 15:1-8

“By this is my Father glorified, that you bear much fruit and become my disciples.” — John 15:8

Grapes grew all over Israel, so the people around Jesus knew all about grapevines. But for us, it may need a little explanation. When Jesus calls himself a vine, he is telling us that we are connected to him. Sometimes, vines need to be pruned so they will bear fruit. In the same way, Jesus needs to help us so we will grow and be able to produce more fruit. The kinds of “Holy Spirit” fruit Jesus helps us grow include love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. Jesus shows us through our parents and teachers how to stay close to him and grow.

Pick one of the “Holy Spirit” fruits in the list above to work on this week. How can you grow some of that kind of fruit?



### Prayer:

Lord, help me grow in the knowledge of how to live, so I can be filled with more love, joy, and peace. Help me to accept the guidance you give me.

**Sources:**  
[Saint Damien of Molokai](#)  
[Stories of Saints : Leper Priest |](#)  
[St. Damien of Molokai](#)  
[St. Damien of Molokai | Catholic Saints \(FORMED\)](#)

[The Fruit of the Spirit Poster \(Children\)](#)  
[The Fruit of the Spirit Poster](#)  
[Growing Up Catholic Mass Transit Cards 2023-2024](#)





(I)SWAG Presents

Ft. Allie and Lisa from True  
Balance Counselling

# Emotional Regulation

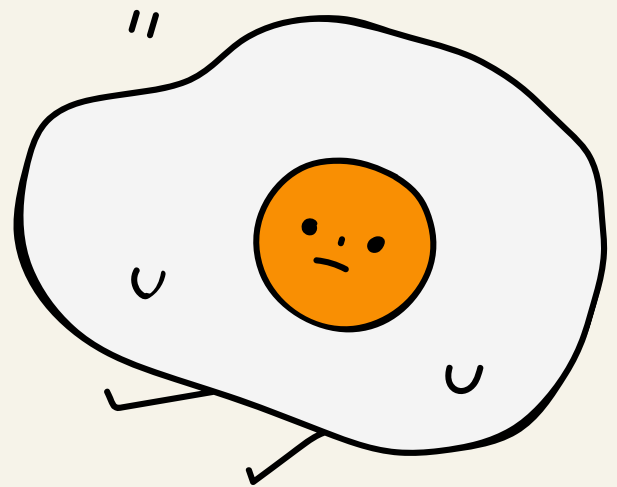
How to help our kids when they have big feelings

APRIL 18TH, 2024 @ THE ESSIES BALLROOM

5:30PM-8:00AM

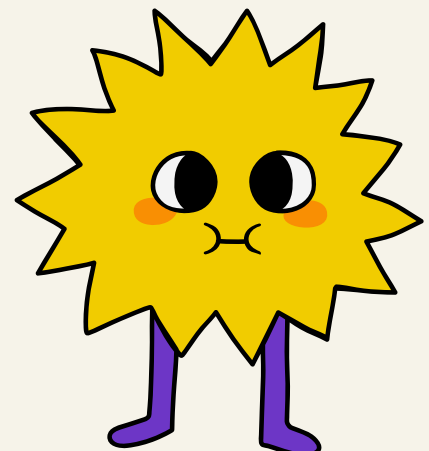
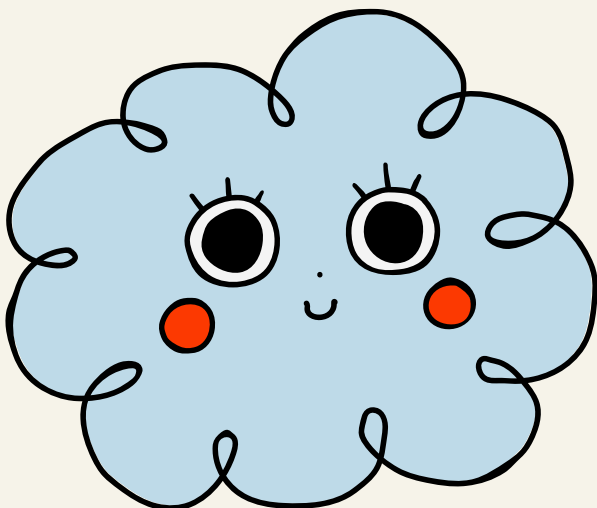
Sandman Signature, 320 Scenic  
Drive S, Lethbridge ab

Join us as we enjoy a complimentary  
dinner while learning from the  
Registered Psychologists from True  
Balance Counselling about Kids and  
their Big Feelings.



Please RSVP at:

<https://www.surveymonkey.com/r/7R9L8CC>







Emily Williston

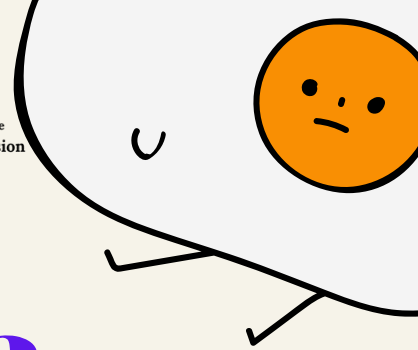


**SWAG**  
Student Wellness Access Guide  
Holy Spirit Catholic School Division  
williston@holyspirit.ab.ca  
(403)308-2445

Billy Woitte



**ISWAG**  
Indigenous Student Wellness Access Guide  
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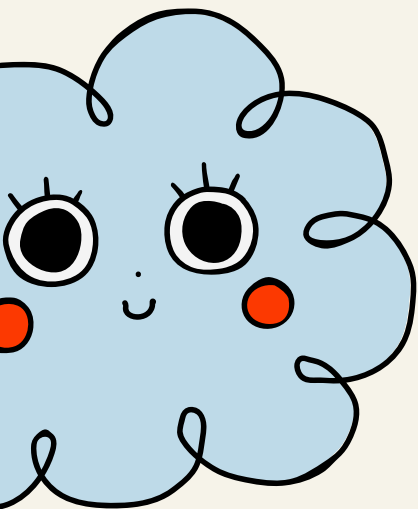


# Allie & Lisa

## True Balance Counselling

Lisa is a genuine, empathetic, and caring therapist who places a high value on building a strong therapeutic relationship with her clients. She strives to create a safe, supportive, and non-judgemental space where individuals can freely discuss their concerns..

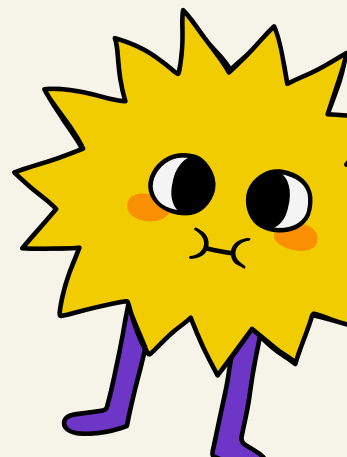
Allie is a Registered Psychologist who values creating a warm and welcoming environment. She is passionate about working collaboratively with children, youth, and adults, to assist them in achieving their goals



This is a FREE event  
that is open to all  
parents, guardians,  
and caregivers

Please RSVP at:

<https://www.surveymonkey.com/r/7R9L8CC>



Come out & join the Boulet Family  
for the annual **FREE**  
**GREEN SHIRT DAY**  
**FAMILY SKATE**

CANADIAN TRANSPLANT ASSOCIATION

**GREEN SHIRT DAY**

OTSSKOI SOOKASIM MIIKSISTIKOO

APRIL 7

HUMBOLDT STRONG



#LoganBouletEffect

REGISTER • TELL YOUR FAMILY • BE INSPIRED



Canadian  
Blood  
Services

BLOOD  
PLASMA  
STEM CELLS  
ORGANS  
& TISSUES

Canada's Organ and Tissue Donation Community

April 7th  
1-3pm

Cavendish  
Farms  
Arena

In honour  
of the  
Logan Boulet  
Effect

